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Managing your plan on the go is easier than ever with mybluecross[®] mobile, our free member app.



With our free mobile app you can:



Submit claims



View claim and payment history



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We're here for you.

In Person

Customer Service Centre 599 Empress Street, Winnipeg, Manitoba 9:00 a.m. - 4:00 p.m. Central Time Monday through Friday

> Claims Drop Box 24 hours a day

Online Inquiries

mb.bluecross.ca/contact

Phone

204.775.0151 (within Winnipeg) 1.888.596.1032 (toll free) 8:00 a.m. – 5:30 p.m. Central Time Monday through Friday

Mail

Manitoba Blue Cross PO Box 1046 Stn Main Winnipeg, MB R3C 2X7





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Access Your Benefits Online













Manage your plan online

Register for mybluecross® at mb.bluecross.ca and manage your plan online.

With mybluecross you can:



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Confirm remaining balance on benefits



Sign up for direct deposit to receive claim payments directly into your bank account



Check benefit eligibility and find out what you need to submit a claim



Check the status of a claim and view claim history



Submit supporting documents



Print or request an ID card



View vision eligibility (if applicable)



Learn about eligible savings through our Blue Advantage® program



Access Health Connected, our exclusive online health platform

Use our online health platform



Health Connected

To support you on the road to better health, we have provided access to Health Connected – a comprehensive and interactive wellness platform exclusive to Manitoba Blue Cross members. It includes:

- A health skills profile
- A health risk assessment (HRA)
- Personalized health campaigns based on HRA results
- A digital health coach
- Integration with wearable digital devices (e.g., Fitbit) to track and support health campaigns
- A health conditions library with tools, calculators and more
- Team and company challenges, solo challenges and virtual adventures
- Reward and incentive programs

Access Health Connected through your mybluecross account.

Registration is easy

Look for this icon mybluecross



at the top right-hand corner of any page of mb.bluecross.ca to register for your account.

Access our national discount program

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Through Blue Advantage[®], you can save on medical, vision and many other products and services offered by participating providers across Canada, regardless of whether the item is covered under your benefit plan.

How does it work?

Sign into mybluecross or go to blueadvantage.ca to view the complete list of participating service providers and eligible savings.* When paying for your product or service, present your Manitoba Blue Cross ID card, mention the Blue Advantage program, and enjoy your savings!



