

UPDATE ON YOUR SICK PAY BENEFITS UNDER THE HYLIFE FOODS/UFCW LOCAL NO. 832 BENEFIT PLAN



We want to let you know about some changes that will begin next month. For absences on and after **February 6, 2023**, the Board of Trustees will be **reinstating the requirement to see a doctor within the first 5 days you are off. Employees will also need to have Form 3 – Physician’s (Doctor’s) Statement, completed at the same time.**

ACCESSING A VIRTUAL DOCTOR:

If you cannot see a doctor in person, you can connect with one virtually through QDoc Virtual Health Care Services at www.qdoc.ca; within the first 5 days, you are off.

Employees can register using their email, name, date of birth, and MB Health Card. Once you have registered, click “Start Visit” to connect via secure video to an available doctor.

At the end of your consultation, the doctor will provide you with a sick note. You must advise the doctor to include the following information on your sick note:

- The date of your appointment regarding this illness/injury
- The medical issue you are seeking treatment for
- How long you are away from work (Example: 2 days)
- If the Illness/Injury is work-related
- If the Injury is a result of a Motor Vehicle Accident

Following the consultation, the sick note will be sent to your email. Employees must email or print off the sick note and submit it to the Plan instead of Form 3 – Physician’s (Doctor’s) Statement. If you need help printing, please see HR.

PLEASE REMEMBER:

- You still must complete Form 1 (Claimant’s Statement) and ask HR to complete Form 2 (Employer Statement) within 30 days of your first day off.
- If you are absent from work because of a non-work-related Illness or Injury for longer than 5 days, you may be eligible to claim EI Sickness Benefits immediately following the 5 days the Plan paid you. Visit servicecanada.gc.ca for information on how to apply.

Thanks for your support. Please see our HR team with any questions.