



**Jean Pierre Petit**  
1968 - 2022



# GENERAL MEMBERSHIP MEETINGS

IN 2022

The next GMM will take place:  
**Tuesday, September 20**

**Meetings start at 7 p.m.**

The meetings all happen by  
Telephone Town Hall

**Joining the meeting is easy - we call and invite you in!**

On the meeting days, if you don't get a call by the start time, you can dial in at 1-877-229-8493 and enter ID Code: 112418 to join the meeting.

The President's Report, Secretary-Treasurer's Report and the minutes are all online seven days before the meeting for you to review.

**[UFCW832.com/GMM](http://UFCW832.com/GMM)**



**Did you know that members who attend are entered into a prize draw?**  
Pictured with a friend is member Tracy (left), who won Bomber tickets.



## **President**

Jeff Traeger

## **Secretary-Treasurer**

Marie Buchan

## **Executive Advisor to the President**

Ron Allard

## **Director of IT, Facilities and Privacy**

Max Paches

## **Executive Board**

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Sandy Barylski

Deb Stewart

Kathy Brnjas

Alex Ciumac

Wes Connell

Charlene Desjarlais

Dianne Gibson-Pierce

Dave Hamalainen

Lisa LaRosa

Frank Managire

Dean Rodwell

Roger Siemens

John Sulyma

Malcolm Welch

Tim Whitford

## **Union Representatives**

John Anderson

Jason Appasamy

Brenda Brown

Dan LeClaire

Geoff Bergen

Kim Ferris

Sandy Forcier

Sharon Grehan

Jason Hawkins

Roberta Hoogervorst

Mike Howden

Morag Stewart

## **Legal Counsel**

Debra Malmquist

## **Education and Training**

Erin Selby

## **Organizing**

Loreto Gutierrez

## **Negotiators**

Blake Crothers

Phil Kraychuk

Joe Carreiro

## **IT and Facilities**

Ericson Ortega

## **Communications**

Chris Noto

Crystal Klippenstein

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## AS LONG AS THE SUN SHINES, THE GRASS GROWS AND THE RIVER FLOWS.

UFCW Local 832 acknowledges that we are gathered and work each day on ancestral lands, the traditional territory of the Anishinaabeg, Cree, Oji-Cree, Dakota, and Dene peoples, and on the homeland of the Métis Nation. Our offices are located on Treaty 1 and 2 territory and our work extends into Treaties 3, 4 and 5.

We recognize the injustices done to the Indigenous peoples of this land and are committed to supporting and collaborating with Indigenous communities in the spirit of truth and reconciliation.

# UNION OFFICES

**Winnipeg**  
1412 Portage Avenue  
Winnipeg, MB R3G 0V5  
204-786-5055  
1-888-UFCW-832

**Brandon**  
530 Richmond Avenue E.  
Brandon, MB R7A 7J5  
204-727-7131  
1-800-552-1193

**Neepawa**  
342 Mountain Avenue  
Neepawa, MB R0J 1H0  
204-717-8318

# TRAINING CENTRES

**Winnipeg**  
880 Portage Avenue  
Winnipeg, MB R3G 0P1  
204-775-8329  
1-877-775-8329

**Brandon**  
530 Richmond Avenue E.  
Brandon, MB R7A 7J5  
204-726-8337  
1-800-552-1193

# IMPORTANT NUMBERS

**Jointly Trusted Health and Welfare  
Plans (PBAS):** 204-982-6070  
**CCWIPP:** 1-800-387-3181  
**MFCW Dental Plan:** 1-800-952-9932



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## Remembering J.P.



Union Rep J.P. Petit was in an accident while cycling from Winnipeg to Kidney Springs, South Dakota. He was cycling to raise awareness of kidney disease and to support his granddaughter, who recently underwent a kidney transplant. This is a huge loss for Local 832, and staff are still working to come to grips with this tragic and sudden news.

J.P. was more than a coworker, he was a friend and a true brother to us all. We are so grateful to have shared our time with J.P. and are so proud of his legacy. Morning chats were filled with tales of his latest adventures, whether touring the Pacific Coast Highway, running a barefoot marathon in Maui, camping in a yurt at Spruce Woods, kayaking the North or playing drums for his new band.

He first became a member of UFCW 832 in 1989, when he started at Old Dutch and became a shop steward in 1991. He then went on to work on organizing drives with the union for several years and was hired as full-time staff in 2012.

Without fail, J.P. always made the time to connect and share words of encouragement, support and wisdom with his brothers and sisters at the Local. He was the real deal: genuine, quick to smile, easy to laugh and always ready to listen without judgement or criticism.

"I have known J.P. for almost 25 years since I first met him in 1997 when I was a relief rep and he was the chief steward at Old Dutch," said President Jeff Traeger. "He struck me then as a gentle man as well as a gentleman – kind and caring and always looking for ways to help others. His manner was soft and welcoming and he was more than a colleague and a co-worker to me. He was my friend and I will miss him dearly."

If there was a challenging task or something no one else wanted to do – like move to Thompson to be the Northern Rep – J.P. didn't have to be asked. He simply volunteered and then quietly went about making a success of it.



"J.P. was part of our family here at the Local and we are all grieving," said Marie Buchan, Secretary-Treasurer. "He was a kind-hearted, thoughtful and supportive friend to his many colleagues and members throughout Manitoba."

J.P. also supported countless community fundraising events and a favourite memory is J.P. cruising down the highway on his Harley for the annual Autism Ride fundraiser. J.P. was especially proud of his family: his wife Carmelle, his kids and his grandkids were always top of mind and he shared their lives and triumphs with a big smile and sparkle in his eyes. J.P. leaves a legacy of kindness, selflessness and integrity.

If you wish to honour J.P. at this time, please give at [cycle4eveline.ca](http://cycle4eveline.ca) or leave a tribute gift in his memory at [goodbear.ca](http://goodbear.ca). Both will continue to support JP's final goal.

Rest in solidarity J.P., you will be missed.





**Jeff Traeger**  
President

# Waving the Flag for

At UFCW Local 832, we are committed to working each day to make the lives of our members, and all Manitobans, better.

Sometimes that means taking tough positions with employers at the bargaining table to ensure that workplaces are safer and more inclusive. It means making sure that your compensation package provides a living wage, benefits and a pension that rewards the skills you bring so that you can take care of yourself and your family.

We file thousands of grievances each year to protect our members' rights. By doing this, we set precedents for non-union employers to follow, bringing up wages and working conditions for all.

We provide educational opportunities for all of our members through our Training Centres in Winnipeg and

Brandon and online, offering courses in union activism, providing custom training for specific workplaces, teaching English as an additional language and helping our members and others get their Grade 12 education through our Mature Student Diploma program.

But, being contributing members in the communities where we live and work also means supporting important events in those communities.

UFCW 832 members are in every corner of Manitoba and when those communities put on an event to celebrate diversity, rally for a good cause or walk in a parade to observe, remember, honour or acknowledge something meaningful to them, you will most likely see a UFCW flag flying in the crowd in support of their efforts.



# a Better Tomorrow

When our 2SLGBTQ+ members walk in Pride parades across the province, we will be there walking with them to celebrate the diversity they bring to our communities.

When our Filipino members gather in Neepawa on Heritage Day, or in Winnipeg at the Filipino Street Festival, UFCW will be there to celebrate with them.

When our Indigenous members gather to celebrate Indigenous Peoples Day or to recognize the injustices done to Indigenous people on the National Day for Truth and Reconciliation, UFCW will be there with them.

When there is a rally to draw attention to an injustice or to demand better from our elected officials on a particular issue, more often than not you will see a UFCW flag flying above the crowd. It doesn't matter if the issue affects UFCW members or not. If it affects our community, we will stand with them because an injustice to one is an injustice to all.

When the Pallister government interfered in the negotiations between the University of Manitoba and their professors, forcing two strikes in five years, we joined their picket lines and attended their rallies. Not because we represent professors – UMFA does – but because the government's action affected our community.

In fact, wherever there's a picket line in one of our communities, we walk with those workers and their union in a show of solidarity and support, and when UFCW has a strike, like we did recently at Stella's and with the Winnipeg School Division bus drivers, other unions walk with us as well.

At UFCW we are proud to be an active part of the communities we work and live in. We strive to be an inclusive and welcoming place for all. The next time you're at an event and you see that UFCW flag, join us and maybe together we can make a difference and bring change to our corner of the world.



# COMMUNITY SUPPORT & PARTICIPATION

Just a few of the events, UFCW 832 was part of in June.

- Winnipeg Pride
- National Indigenous Peoples Day
- Heritage Day in Neepawa
- Filipino Street Festival in Winnipeg
- Brandon Pride







**Joe Carreiro**  
Negotiations

# Persuading with a Good Proposal

We understand how frustrating it can be when you put in a proposal that you thought was fair and it doesn't make it through to the final agreement.

As a negotiator, we will keep those proposals and reintroduce them again in the next round of bargaining. Recently, a rare circumstance occurred where one of those proposals was added in, part way through the life of the agreement.

The proposal was from a member at Red River Co-op, who was designated "Second-in Charge" in the meat department, and they had put together details about the added responsibilities with their position, which didn't provide extra pay. So, we proposed to add a premium for this position.

At the bargaining table in 2021, the Co-op did state that while they understood and recognized the importance and work those individuals were doing, financially they were not in a position to implement a premium at the time.

When the recommended settlement was brought to the membership, it ratified, and we moved on knowing that this was something we would try to get next time we renegotiate.

Fast forward to May 2022. The Co-op reached out to the Union, saying:

"That proposal did plant a seed with us, and we've been discussing whether our department backups should receive additional compensation for the added responsibility in their department."

After a lot of consideration, they decided they wanted to implement a \$1 per hour premium for anyone designated as the department backup in all of their food stores, across all three bargaining units.

On May 16, 2022, the Union and Red River Co-op signed a Letter of Understanding to be added to all three collective agreements between the two parties that the "Out-of-Scope Relief Pay" would be added to all hours worked for those designated by management as the "Second-in-Charge."

Had the member not made the proposal, the committee not been able to justify it, and the workplace not been united, this would not have been something the Co-op would think to implement. Now, not only does the Lorette store have it, but all Red River Co-op food stores have it, too!

This real-life example is why we stress the importance of all of you getting involved, being active, and bringing forward your proposals to improve your workplace. We have always said that you are the experts.

This is one way that your voice at work in Manitoba is making working conditions better for all!



The committee is selected and the proposals are in! Your FreshCo bargaining committee has been working hard to get ready for the first day at the bargaining table, on July 21, 2022.

FreshCo members Nalynn Mondor, Richard Horton and Justin Goertzen will join UFCW staff Kim Ferris, Jason Appasamy, and lead negotiator and Secretary-Treasurer, Marie Buchan to get the best deal possible.

Bargaining will begin with this committee bringing forward members' non-monetary proposals to address and fix concerns in the workplace. Once an agreement is reached on those issues, we will begin the monetary discussions, where we will push to get our FreshCo members the best monetary increases we can.

After discussing all potential items and getting to the best deal possible, we will bring FreshCo members a package to vote on, where they will get the final say on the conditions of their next agreement.

We are hoping to have an agreement to vote on by the end of September, but will be sending negotiations updates out by email throughout the process. FreshCo members may even see us in their stores providing updates.

For all negotiations, it is really important that we can provide updates throughout the process. If we don't have your email address, please provide it to your union rep. Don't have email? We will mail out updates to those individuals.

## YOUR FRESHCO BARGAINING COMMITTEE



**Richard Horton**  
Regent  
Store 8936



**Nalyn Mondor**  
Henderson  
Store 8956



**Justin Goertzen**  
Pembina  
Store 8955



**Kim Ferris**  
Union Rep



**Jason Appasamy**  
Union Rep



**Marie Buchan**  
Lead Negotiator  
Secretary-Treasurer

# AVOID POSTING ABOUT WORK ON SOCIAL MEDIA



It may come as a surprise that anything you post on social media about your employer or workplace can lead to discipline and even termination.

The exact nature of the discipline depends on the severity of the posts. However, the law is clear on this matter. Regardless of whether you are posting from home on your day off, and regardless of how many other people can see or were intended to see your post, disparaging comments about any aspect of the workplace can get you disciplined by your employer, which in a unionized workplace will likely be upheld by an arbitrator.

For this reason, the Union strongly recommends you avoid social media posts about your work.

The extent of the discipline an employee may receive for critical or negative social media comments involving work is determined by the nature of their post. The ultimate test under the law for a justified for-cause termination, for example, is whether the relationship between the employer and the employee has been "irreparably damaged." Figuring out whether irreparable damage has occurred is very fact specific, and considers:

- how severe the post was,
- how many posts there were,
- the nature of the workplace, and
- whether there are signs of regret by the employee.

Generally speaking, the type of post least likely to lead to termination is a single outburst of frustration at the employer—a negative comment, for example, which might be seen as a single

incident of venting. This type of thing will still likely lead to a justifiable discipline, including a suspension, but perhaps not termination.

On the other hand, a pattern of multiple negative comments of great severity, without any sign of regret by the employee, will likely lead to an arbitrator upholding a termination. Comments about co-workers or managers that can be construed as bullying and harassment will almost always lead to a dismissal being upheld.

Arbitrators are also much more likely to uphold terminations against employees who post negative comments about customers or individuals in the care of the employer.

For example, in a 2007 case a personal caregiver at a retirement home posted disparaging comments about the residents. Not only did the employee cause irreparable harm to the employment relationship, but they also breached the employer's confidentiality agreement by revealing personal information about the residents. Their dismissal was upheld by the arbitrator.

The lesson here is that you should never be commenting about work on Facebook, Twitter or other social media platforms. While your employment relationship may be fixable if it is a single, minor comment, this is never guaranteed. And despite privacy settings, there is a trend in the case law for would-be private messages to find their way to the employer.

*Written by Tony Dempsey, a former UFCW member completing a summer externship at Local 832 and working towards a law degree at the University of Manitoba.*

# It's Never Too Late to Get Your High School Diploma

Thirty-two years after leaving school, Tracy Rauch decided it was time to go back. Tracy has been a UFCW 832 member at Safeway for the past fourteen years, but decided it was time for a change.

"I decided to go back to school because I'm getting older and my body is hurting now from all the hard physical labour I've done," she says.

She wasn't an active union member before starting our Adult Education Program.

Tracy says, "I saw a bulletin about the mature student diploma classes in the staff lunchroom at Safeway, and also read about it in the UFCW magazine."

After meeting with our Adult Education Director, Ans Norman, Tracy decided the time was right to finally finish grade 12. It wasn't easy, because of the pandemic, classes have all been online for the past two years. Tracy says that there were some problems she wasn't expecting.

"Some challenges I faced were trying to figure out how to use Zoom to attend classes, and also when I have to email assignments from a document. I noticed that I needed computer upgrading before even starting the online classes."

Fortunately for all of our learners, UFCW 832 classes will be live in classroom again this fall.

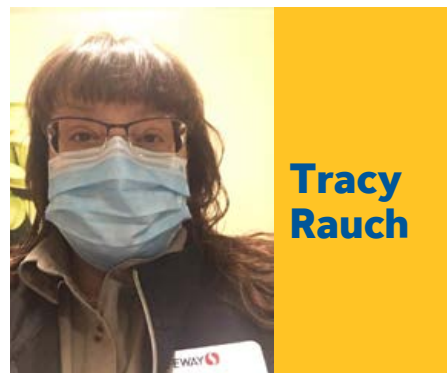
Despite some unexpected road blocks, Tracy kept going and graduated Grade 12 in June. She's not finished with her studies either, Tracy's next goal is to study to become a family support worker. She plans to start the ten-month course

this January at the Urban Circle Training Centre.

For Tracy, studying at the UFCW 832 Training Centre meant she was with other people with similar goals of upgrading their education and starting a new career. She credits her teachers with helping them every step of the way.

Thinking about enrolling?

"I'd say go for it!" Tracy says, "I thought I wouldn't be able to do it, but I am doing it. I thought I was too old, but you're never too old to upgrade!"



**Erin Selby**  
Training Centre Director

**Whether you need one course or to complete high school from any grade, your union can help you for free!**

Winnipeg members will need to make an appointment with Ans Norman to be evaluated. Please call 204-775-8329.

Brandon members can contact the Centre for Adult Learning at Assiniboine Community College. Please call 1-800-862-6307 ext. 7134 or email [adultlearning@assiniboine.net](mailto:adultlearning@assiniboine.net) to ask for a Sponsorship Authorization Form and to schedule a meeting to discuss your education.

Outside Brandon or Winnipeg members can enroll in their local adult learning centre and will be reimbursed for any tuition costs with proof of receipt.



## Member Profile: **Maria Manu** Exceldor Hatchery

Family plays an essential role in Maria Manu's life.

She grew up in Portugal and says her life began when she moved to Canada to live with her godparents and two cousins at age 15. To learn English, she watched Sesame Street and practiced speaking with her new family and eventually her co-workers when she started at the Tan-Jay sewing factory two years later. Maria recalls her kind, grandmotherly colleagues telling her how to pronounce certain words.

In the years that Maria worked at the sewing factory, she met her husband Roger (of nearly 40 years) and perfected the ability to work with both hands doing separate tasks at the same time when manually folding pleats for skirts while sewing – a skill that has served her well in her current workplace, Exceldor (formerly Granny's) Hatchery in Winnipeg.

In Portugal, Maria's mother had chickens, so she was familiar with them, but wasn't sure she'd like working with them when she got the job offer at Granny's.

"I didn't think I'd like it, but I love it," she says. "I love being here and I've done everything so many times I could do it with a blindfold."

Maria is the lead hand at the hatchery where she's worked for 32 years. The facility has changed a lot since she began, but in those early days, everything was done by hand. The chicks had to be vaccinated individually and thanks to years of practice in the sewing factory, she was able to alternate between hands and could process up to 100 chicks in a minute. She was the fastest in all of Canada!

"It was the same as folding the pleats, but I didn't tell them that, I just told them I was good," she jokes.

Two of Maria's three children have worked at the hatchery over the years, but she treats all of her co-workers as family.

"Not too long ago I was at the grocery store and I saw someone I hadn't seen in years and I remember that I cried when he left the hatchery because we had such a special relationship," she says. "I asked if it was him and he said 'Yes, Mama!' and he gave me a big hug."

In addition to working at Exceldor, Maria also ran a cleaning company for almost 17 years, working from 5 a.m. to midnight between several jobs so she could pay her mortgage and bills and ensure her family was fed. When she talks about retiring in the next two years, she gets emotional thinking about how far she's come. She hasn't been able to visit her mother and family in Portugal since 1982, but is hoping to make that happen when she retires.

UFCW 832 thanks Maria for all of her many years of hard work and wishes her all the very best in the years ahead.

UFCW Local 832 proudly represents 466 members at Exceldor Cooperative. The company has a hatchery located in Winnipeg where chicken eggs are hatched, and a plant in Blumenort that processes chickens and turkeys.



# Congratulations on Your Retirement, Wendy!

In April, Wendy Profeta retired from her role as bookkeeper at UFCW Local 832 after 35 years serving our union and its members.

Around the office, Wendy has always been known for her attention to detail, her extremely organized processes and her dedication to the local. Her hard work has always ensured staff were paid, members received their cheques for lost wages and dues were processed for the local swiftly!

Wendy worked in several roles at UFCW 832 through the years and trained in the evenings and weekends to become the bookkeeper. Her dedication to accuracy and getting the job done right will be missed, but most of all, we'll miss having her around!

Wendy – we wish you the very best in retirement! Time to relax and enjoy the next chapter of your life!



Wendy walking with her daughter, Sheyanna, in the 1919 Solidarity Parade.

## A Change in Union Reps



**Curt Martel**

At the end of June, UFCW 832 union rep Curt Martel wrapped up his time as a union rep as he's accepted a new position as a regional representative for the Canadian Labour Congress in northwestern Ontario. We thank Curt for his hard work for Manitoba workers throughout his years at UFCW 832 and at SAFE Workers of Tomorrow and wish him well as he continues to work in the Canadian labour community.



**Dan LeClaire**

Dan LeClaire is stepping in to replace Curt. Dan has been supporting members through his work as relief rep. He has been an 832 member since June 1998 when he started working at Coca-Cola Winnipeg. He was a committed shop steward and health and safety committee member, and he was active on the bargaining committee in 2018 and 2022.



**Hillary Prociw**

Hillary Prociw is filling in for J.P.'s territory as a relief rep.

Hillary Prociw has worked for UFCW Local 832 since 2012. In 2014 she joined the negotiations department, and has been working with negotiators and bargaining committees ever since.

She looks forward to this new role as a Relief Union Rep, and helping members in their workplaces.

# STRESS

## DON'T JUST MANAGE IT, CONQUER IT!

Is stress keeping you up at night? Do you go to bed feeling worn out, yet wake up still tired? Does worry consume your life?

Unfortunately, these feelings are all too common. But when did this become the norm? We've all seen people crash and burn, become ill mentally and physically because of the debilitating effects of feeling stressed. Did you know that just five minutes of anger/fear/anxiety significantly lowers your immune system for 20-30 minutes? I'm sure you would agree that now is not a good time to be walking around with a low immune system!

**“The truth is that stress is experienced entirely by how we respond to an outside issue.”**

The medical system is not adequately addressing nor defining the problem of stress. Aside from some serious chemical imbalances, medication may dull the emotions but the underlying issue still remains. Early research often credits external factors, but this could have you believing that you have no control over your situation or how you feel. In fact, the #1 myth regarding stress is that it's something that happens to us from an outside source (job, bills, in-laws).

Thankfully, current evidence supports internal perception. Most people assume that feelings just happen and that they can't be controlled. The truth is that stress is experienced entirely by how we respond to an outside issue.

Every decision we make begins in the mind as a thought. Our thoughts, and the actions they trigger, determine our experiences and our lives. This is good news because it means that they are completely under our control. Between a stimulus and a response there is a space. In that space is our power to choose a response.

We can all improve our mind health and resilience, a term I prefer over mental health, which suggests a problem or that something is broken. After all, we have cardio health that we maintain with nutrition and exercise; we brush and floss for dental health. Mind health is just another system that requires daily attention to work efficiently.

Developing strong mind health can be easily achieved. Simple yet powerful steps, that when practiced a few minutes each day, will have you feeling more relaxed and in control of your life. For example, your thoughts can lower your blood pressure, help you to sleep, make you happy, alert and content. They can make you feel confident, like a champion. Just like going to the gym to build muscle strength and endurance, you will be building mind resilience and mental endurance by taking control of your thoughts.

As Paulo Coelho says, “A healthy mind is being able to go to bed at night with your mind and soul at peace.”

*Written by Maxine Pich, a UFCW 832 shop steward with Life's Journey and a workplace health & safety member. She holds a master's in metaphysical counselling and is a certified consulting hypnotist.*





## Workplace Profile: Avis Budget Car Rental

# Serving Customers with Care and Consideration

A lot has changed over the 28 years Julie Teixeira has worked the airport counter at Avis Budget: changes to the airport and work location; to the nature of travel and security; and most recently, COVID-19.

Although they often used to have up to four agents working at the rental desk at a time, when COVID hit, Julie and two of her colleagues worked condensed shifts alone for the entire day and experienced eerily quiet days without customers or phones ringing.

As a shop steward and health and safety committee member, Julie was proactive in setting up their workspace to be as safe as possible and didn't have safety concerns working so close to the airport at such a tumultuous time. She also says the company was – and still is – very good at providing training and safety equipment.

"I was a little bit of a freak, like before anyone had even heard of social distancing or six feet or whatever," Julie says. "I read this medical report from a doctor friend that explained what was coming and how to manage it, so I put our ribbon barriers at the desk at the beginning of that March before anyone else was doing that kind of thing."

Currently, business is picking up and their team is extremely busy and managing up to 100 reservations a day. They're experiencing days where the number of travellers exceeds the number of vehicles available because they sold off vehicles during COVID and are having a hard time sourcing new ones due to an intense demand.

"You can process a rental in three or four minutes if it's straightforward, so we do have the ability to help a lot of customers in a day, including filing accident reports and answering phone calls," Julie explains. "It can get extremely demanding."

Many people stereotype the work Julie and her co-workers do as "being out to get them," but they are trained regularly on the importance of loss damage waiver coverage and assessing their customer's needs in order to ensure they leave with the right vehicle.

"If I had a nickel for every time someone asked me whether I've seen the car rental episode of Seinfeld, I'd retire," she jokes.

In that episode, Jerry goes to rent a car but the agency doesn't have the specific size he reserved available, setting him up to provide his characteristic wisecracks about the meaning of the word "reservation."

Julie is proud of the customer service skills she's honed over the years, and her ability to help each individual with care as she jumps from one to another in challenging situations.

"We're often people's last step in their travel, so they can arrive here with a sigh of relief, or, it can be where they blow up. It's really nice when we can help them to mellow out in the five minutes they're here so they leave calmer and can drive safer."

UFCW 832 represents 16 members at Avis Budget Car Rental. In late May, they ratified a new four-year agreement.

# Congratulations to Long-Time Activist, Karla Budynski

At the Brandon District Labour Council awards in December, longtime UFCW 832 activist Karla Budynski was given a Strength in Solidarity award from Kirk Carr, President of the Brandon District Labour Council.

"Karla is the backbone of the Brandon District Labour Council through her many many years as a UFCW delegate," said Carr. "She is there at every event and ready to volunteer. She makes sure new members feel welcome and is a wealth of knowledge to council's past."

The strength in solidarity award is given to a delegate or former delegate of the Brandon District Labour Council whose participation and contributions have left a great mark in the labour movement and council.

Karla first became a UFCW 832 member when she start at McKenzie Seeds in 1978, where she



**Kirk Carr presents the Strength and Solidarity Award to Karla Budynski at the December Brandon District Labour Council Meeting.**

worked until 2013. She then moved to Superstore and has worked there ever since.

Congratulations on a well-deserved award, Karla!

## Four Retirees' Club Scholarships Available!



Every year, the UFCW Retirees' Club awards scholarships to the children or grandchildren of Local 832 retired member to help them reach their educational goals.

### To be eligible to apply:

- The applicant must be either the child or grandchild of a UFCW Local 832 retired member.
- The applicant must be attending a post-secondary institution for the 2022/2023 academic year.
- The applicant must submit an approximately 500-word essay about their connection with UFCW Local 832.
- Applications must be received no later than October 31, 2022.

To receive an application form, call 204-786-5055 ext: 215 and then mail in the application, along with the essay, to:

Retirees' Club Scholarship Committee  
1412 Portage Avenue  
Winnipeg, MB R3G 0V5

**The scholarship winners will be announced in November.**



**Trevor stands next to the fruits of his labour, in front of the fruit shelves inside the Thompson Safeway.**

## Helping Make Safeway a Success

The Thompson Safeway store was recently announced as the No. 1 in Western Canada for production in fruit, and Trevor Brown has been a big part of that!

Trevor Brown is legally blind with limited sight, due to having retinitis pigmentosa (RP). RP is a term for a group of eye diseases that leads to loss of sight. Trevor's mother had it and at age five Trevor was also diagnosed with it.

Trevor never let that slow him down. He played organized soccer and organized hockey, he cycled, and he was a runner in track and field when he was younger.

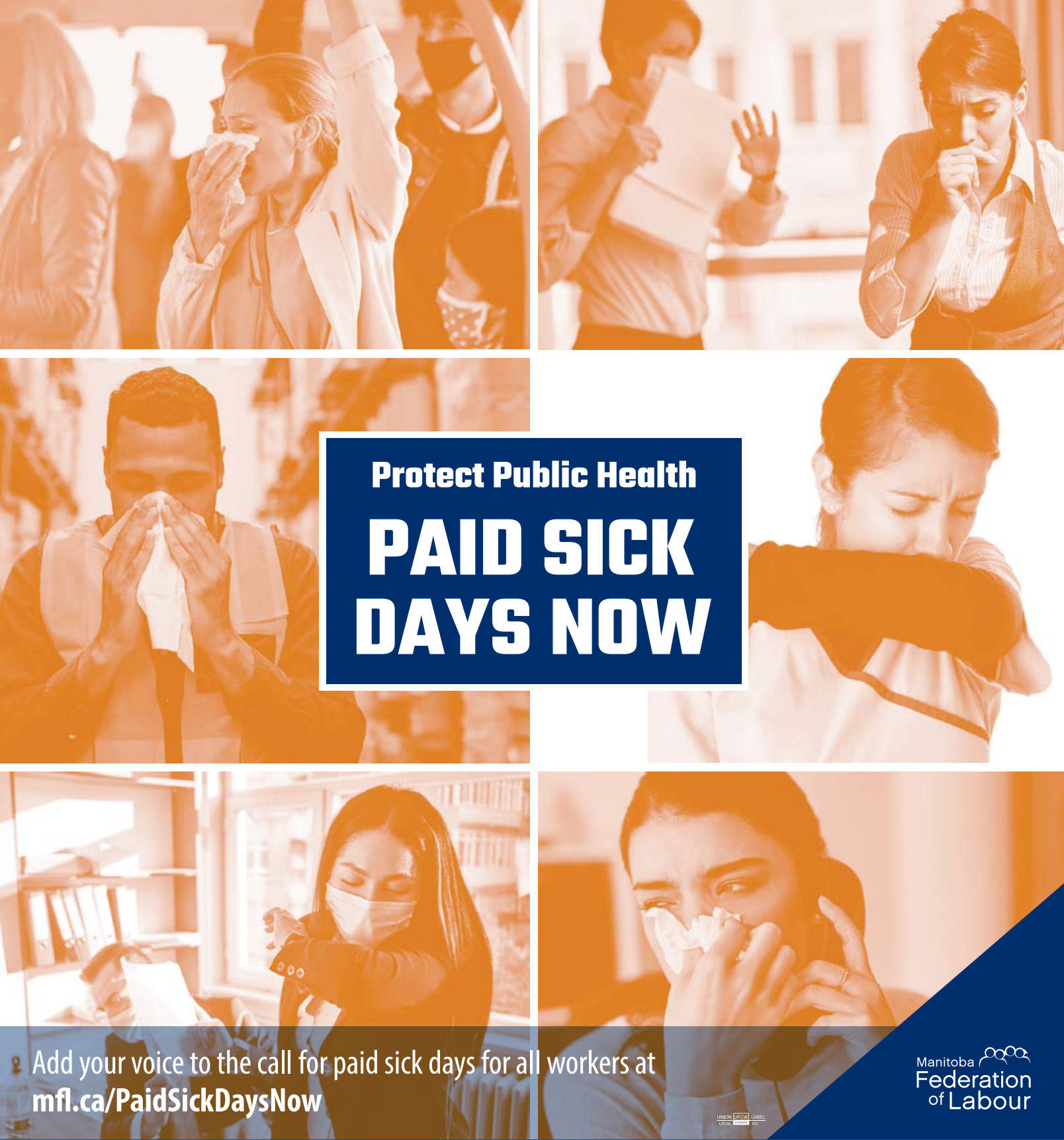
Trevor's family moved from Burks, Ontario to Thompson, Manitoba when he was young so his father could get a job at Inco mines, now called Vale Canada Limited. After growing up in Thompson, Trevor moved to Winnipeg for 24 years before he returned to Thompson, he did many things including, telemarketing, kitchen work as a cook, landscaping and snow removal, customer service representative, receptionist and professional singer. A little bit of everything.

Trevor moved back to Thompson in 2014 to look after his father, and in November of 2021 he started at Safeway to supplement his income. Trevor works in the FreshCut department where he produces, prepares, cleans and packages the fruit and vegetable product. His only challenge each day is finding each and every fruit and vegetable that he needs on the shelves and in the cooler so he can start preparing all the various products.

"My co-workers have been a huge help, and I'm starting to find items on the shelves on my own now," Trevor said.

Thank you for all your hard work Trevor!





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