

# Corporate Employee Wellness Program

INFORMATION PACKAGE



# Corporate Employee Wellness Program Passes

The City of Winnipeg's Corporate Employee Wellness Program offers reduced rates for fitness services at designated City of Winnipeg operated facilities.

## Passes

There are two different types of passes available for corporate groups: Facility Passes and Active Living Passes. These passes can be purchased for either six months or one year.

Facility and Active Living Passes provide the flexibility to exercise when and where it is convenient. With a number of City of Winnipeg aquatic facilities and leisure centres located throughout the City, there are active living opportunities close to home and work.

## Facility Pass

Facility Passes can be used for general admission during public hours at any City of Winnipeg aquatic facility or leisure centre. These facilities offer a variety of amenities including pools, whirlpools, saunas, indoor tracks, weight rooms, cardio equipment and fitness areas. Amenities differ from facility to facility.

## Active Living Pass

The versatile Active Living Pass offers all the benefits of the Facility Pass, and can also be used for any City of Winnipeg drop-in Active Living class. There are a number of aquafitness and fitness classes to choose from.



## Eligibility

The Corporate Employee Wellness Program is offered to any company or organization with 12 or more individuals interested in purchasing a pass. Individuals can purchase a pass for themselves and sponsor up to five family members or friends at the same rate.

## How to Become a Corporate Employee Wellness Program Member

To register your company or organization in the Corporate Employee Wellness Program, email **CMS-corporatememberships@winnipeg.ca**. You will need to identify a contact person for your company or organization.

Once your company or organization is registered, individuals (including retirees) can go to any City of Winnipeg aquatic facility or leisure centre or 395 Main Street with proof of employment/association to purchase a pass.

Examples of proof of employment/association include:

- ID card
- Current pay stub
- Letter on company/organization letterhead stating full name of individual and verifying that they are a retiree, employee or member

A Corporate Employee Wellness Program member wanting to sponsor family members or friends must complete a Sponsorship Form, which can be obtained by emailing **CMS-corporatememberships@winnipeg.ca** or visiting any City of Winnipeg aquatic facility or leisure centre.



## Facilities

Active Living drop-in programs available

### Aquatic Facilities

Aquafitness drop-in programs are available at all aquatic facilities (with the exception of Eldon Ross).

- **Bonivital** 1215 Archibald St.  
swim, sauna, hot tub
- **Cindy Klassen Recreation Complex** 999 Sargent Ave.  
swim, sauna, diving boards, weight room, cardio equipment, track
- **Eldon Ross** 1887 Pacific Ave. W  
swim, whirlpool
- **Elmwood Kildonans** 909 Concordia Ave.  
swim, sauna, diving board, weight room, cardio equipment,  
water slide (additional fee)
- **Kinsmen Sherbrook** 381 Sherbrook St.  
swim, weight room, cardio equipment
- **Margaret Grant** 685 Dalhousie Dr.  
swim
- **Pan Am** 25 Poseidon Bay  
swim, weight room, diving boards, cardio equipment, walk/jog area
- **Sergeant Tommy Prince Place** 90 Sinclair St.  
swim, weight room, cardio equipment
- **Seven Oaks** 444 Adsum Dr.  
swim, sauna, diving boards
- **St. James Assiniboia Centennial** 644 Parkdale St.  
swim, sauna, diving board, whirlpool, weight room, cardio  
equipment, track
- **St. James Civic Centre** 2055 Ness Ave.  
*Temporarily closed visit [winnipeg.ca](http://winnipeg.ca) for updates*
- **Transcona Kinsmen Centennial** 1101 Wabasha St.  
swim, sauna



## Leisure Centres

- **Fort Rouge Leisure Centre** 625 Osborne St.  
weight room, cardio equipment
- **Freight House Recreation Centre Door #1** - 200 Isabel St.  
weight room, cardio equipment
- **Peguis Trail Health & Fitness Centre** 1400 Rothesay St.  
weight room, cardio equipment, track, boxing bags



## Fee Schedule

### Corporate Employee Wellness Program Rates

Prices effective September 7, 2021 to September 5, 2022

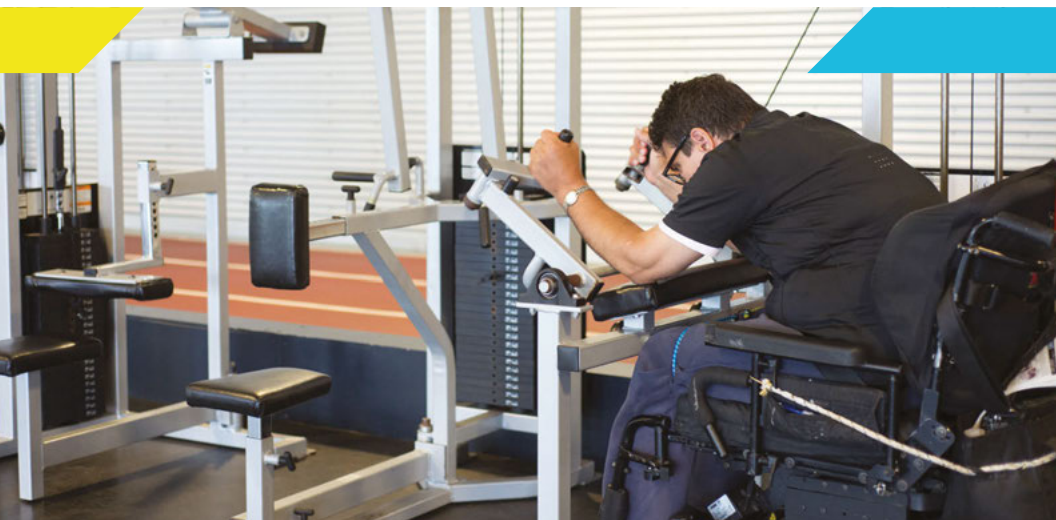
Prices subject to change.

6 Month Active Living	12 Month Active Living	6 Month Facility	12 Month Facility
\$254.27	\$494.03	\$190.30	\$353.43

Pass rates include all applicable taxes.

Child, Youth, Senior and Family passes are available for purchase at City of Winnipeg aquatic facilities and leisure centres. These passes are not included in the Corporate Employee Wellness Program because they are already offered at a reduced rate.

**There are no refunds or transfers on passes.**



## Commonly Asked Questions

### **Q: Can a pass be put on hold?**

**A:** A pass can only be put on hold for medical reasons. A Medical Suspension Form can be obtained by emailing **CMS-corporatememberships@winnipeg.ca**. The completed form must be accompanied by a doctor's note indicating a start and end date for the pass suspension.

### **Q: What happens if a pass is lost or stolen?**

**A:** We will replace the lost or stolen pass for a fee of \$7.80 (subject to change annually). When a participant needs a pass replaced, they can simply go to the front desk of any City of Winnipeg aquatic facility or leisure centre and inform the staff member that they would like to replace their pass. The fee will be charged and the new pass will be mailed to their home address in approximately one week.

### **Q: Are passes transferable?**

**A:** Passes cannot be transferred from one person to another. They are for exclusive use of the original purchaser.

### **Q: Where are schedules for Active Living drop-in programs located?**

**A:** For the latest information on facility hours and amenities, including Active Living drop-in programs, please visit **winnipeg.ca/cms/recreation**, call 311 or refer to the *Leisure Guide*.

### **Q: What is the procedure if there are facility concerns?**

**A:** Any concerns about the programs or amenities at a specific facility should be directed to staff at that facility or call 311.

### **Q: What is the procedure if there are concerns about the Corporate Employee Wellness Program?**

**A:** Any concerns about the program should be directed to **CMS-corporatememberships@winnipeg.ca**.

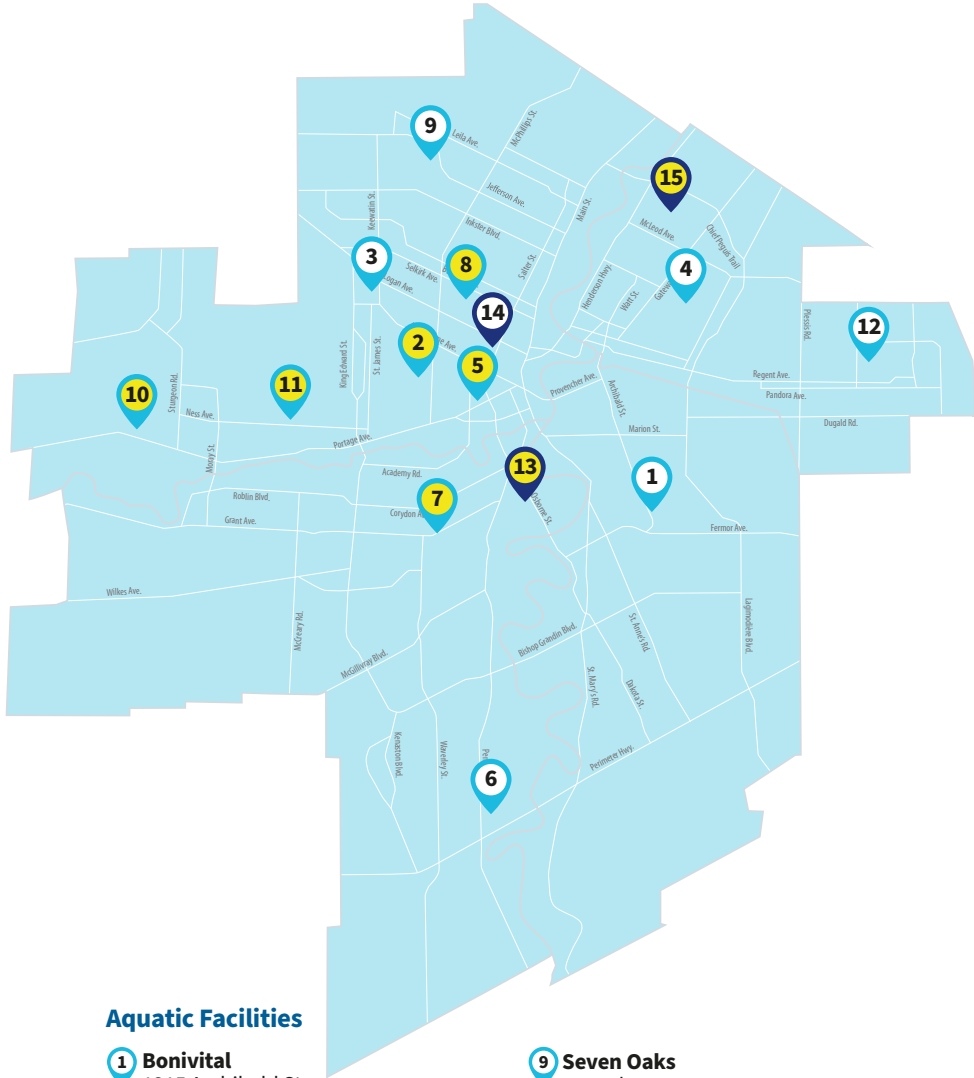
### **Q: What if I already have a City of Winnipeg Facility or Active Living Pass?**

**A:** Participants who already hold a City of Winnipeg Facility or Active Living Pass will have their Corporate Employee Wellness Program Pass pro-rated.

### **Q: How do I purchase a Corporate Employee Wellness Program pass?**

**A:** If your company or organization is already registered, individuals (including retirees) can go to any aquatic facility or leisure centre or 395 Main Street with proof of employment/association to purchase a pass.

If your company is not yet registered, contact **CMS-corporatememberships@winnipeg.ca**.



## Aquatic Facilities

- 1 Bonivital**  
1215 Archibald St.
- 2 Cindy Klassen Recreation Complex**  
999 Sargent Ave.
- 3 Eldon Ross**  
1887 Pacific Ave. W
- 4 Elmwood Kildonans**  
909 Concordia Ave.
- 5 Kinsmen Sherbrook**  
381 Sherbrook St.
- 6 Margaret Grant**  
685 Dalhousie Dr.
- 7 Pan Am**  
25 Poseidon Bay
- 8 Sergeant Tommy Prince Place**  
90 Sinclair St.
- 9 Seven Oaks**  
444 Adsum Dr.
- 10 St. James Assiniboia Centennial**  
644 Parkdale St.
- 11 St. James Civic Centre**  
2055 Ness Ave.
- 12 Transcona Kinsmen Centennial**  
1101 Wabasha St.
- 13 Fort Rouge Leisure Centre**  
625 Osborne St.
- 14 Freight House Recreation Centre**  
Door #1 - 200 Isabel St.
- 15 Peguis Trail Health & Fitness Centre**  
1400 Rothesay St.

 Active Living drop-in programs available