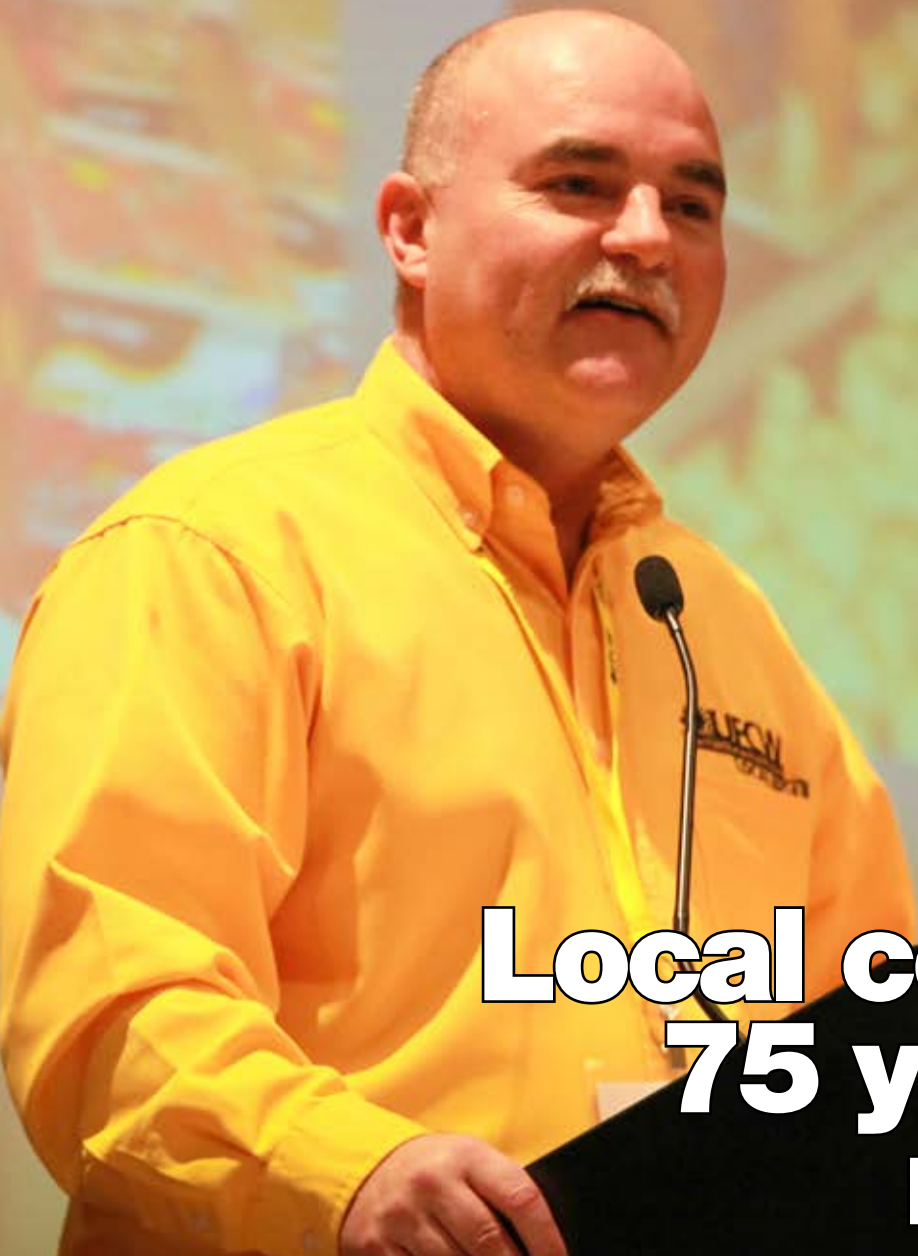


# 75 Years UNION

THE MEMBERSHIP MAGAZINE FOR UFCW LOCAL 832

MAY 2013



## Local celebrates 75 years with members



## The problem with Bill C-377

**Y**ou may have heard about the impending new law that is currently before the senate called Bill C-377. Conservative Member of Parliament Russ Hiebert tabled this private members Bill that requires all labour organizations to disclose its assets, income and expenses on an ongoing basis.

**While I strongly believe that unions must be financially transparent and responsible in how member's dues remittances are spent,** I believe this Bill is unnecessary and seriously flawed.

The Manitoba Labour Relations Act already requires that unions provide its members with financial information and **we comply with this legislation.** We do so by reviewing the local's finances at every single general membership meeting throughout the province at least four times per year. Every member of this union is entitled to attend these meetings and to receive this information. In addition, your elected executive board reviews the budget each fall for the coming year and receive extensive financial information at every executive board meeting throughout the year. As well, we have auditors provide extensive audits annually and our elected audit committee reviews virtually every single expense the local has on an annual basis.

However, the pending new federal legislation goes much further by requiring reams of data from all unions across the country, which will be made public not just to you our members but to the public at large. This means that all employers that we deal with and go up against in dealing with your grievances and contract



negotiations will have access to our financial information. This includes information about how much money is contained in our strike fund and what amount of money we spend on pursuing our member's grievances at arbitration hearings.

As well it is also the federal government's intent with this Bill to ensure that all union members who receive benefits paid out to them as a result of eligibility under a jointly trustee health and welfare fund, be disclosed on a public website. This means, for example, that if you receive disability benefits under a jointly trustee health and welfare plan in an amount greater than \$5,000 in one year, **YOUR NAME, address and reason for the payment will be shown on a public website.** Clearly this is going too far.

While the federal conservative government argues that this Bill is necessary to protect your rights, it does the opposite. This Bill will require your union to spend significantly more time and money dealing with

the reporting of finances, rather than focussing our efforts and resources on representing our members.

Also disturbing about this private members Bill, is it will cost the taxpayers money. The Canada Revenue Agency has estimated the cost of implementing this Bill to be in the millions of dollars. There is already discussion that the passing of this Bill will expose the federal government to legal action on a number of fronts, including the Constitution and Charter of Rights and Freedoms. You may recall the government did away with the gun registry, in part, due to a cost issue. This Bill will be far more costly.

What is also inherently unfair and makes this Bill simply an anti-union Bill being pushed by the federal conservatives, is the fact that other similar organizations are not required to report this type of information. **Why are unions to be held to this standard when business groups, charities and other non-profit organizations are not?** Is this really in everyone's best interest or is this a step towards silencing unions?

In solidarity,

Beatrice Bruske,  
Secretary-Treasurer  
UFCW Local 832





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Thompson, MB R8N 1Y9  
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**Training Centres**

880 Portage Avenue  
Winnipeg, MB R3G 0P1  
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Jeff Traeger

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**Union Representatives:** Ron Allard, Ray Berthelette, Brenda Brown, Marie Buchan, Kim Ferris, Sandy Forcier, Roberta Hoogervorst, Mike Howden, Blair Hudson, Jerry Kies, Phil Kraychuk, Wendy Lundy, J.P. Petit, Martin Trudel

**Health and Safety Resource Personnel:** Guy Sylvestre

**Legal Counsel:** Debra Malmquist, Garry Bergeron **Organizing:** Sonia Taylor

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# THE LOCAL CELEBRATES ITS AT CONFERENCES

Shop steward and health and safety activists meet in Winnipeg.

**T**his year's shop steward and health and safety conferences were extra special for the activists, as it was the Local's 75th anniversary, and they all helped to celebrate.

The shop steward conference kicked off on Friday, April 12, with opening remarks from Local 832 President Jeff Traeger and Secretary-Treasurer Beatrice Bruske. The focus on Friday was mental health and its stigma. Speakers Lisa Shaw and Big Daddy Tazz talked about their personal experiences and why it is important for us to treat mental illness like any other disease and not to discriminate against those who suffer mental issues.

After lunch, the stewards attended three workshops dealing with mental health in the workplace.

Then on Friday evening, the union held a meet-and-greet for the local's executive board, as well as current and past staff to celebrate the Local's 75th. The evening was well attended and there were so many faces from the past—Brooke Sundin (ex staff and retired Local 1518 president), Eddie Ste. Marie (ex executive board member and currently CLC rep in Ontario), Darlene Dziewit (ex staff and retired MFL president), and Nancy Quiring (ex staff and currently UFCW regional director for western provinces), just to name a few.

On Saturday the conference began with a keynote presentation from Craig Kielburger the co-founder of Free the Children and the Me to We campaign, which celebrates young community activists across North America. Craig spoke to the group about the need to get involved in helping those around you and how it will strengthen our society. The son of a former CAW member in Windsor, Craig understands the importance of labour in today's society and encouraged everyone to do a little more in making our home, job, city and country a better place to be.

Later that morning, the stewards again broke off into sessions, which focused on the importance of all of our activists working together and supporting



UFCW Canada National President Wayne Hanley.



UFCW Local 832 President Jeff Traeger.



Ex Local 832 staff Brooke Sundin and Denis Allard.



# 75TH ANNIVERSARY



Current Local 832 President Jeff Traeger with past presidents, Robert Ziegler (middle) and Bernard Christophe (right).



Local 832 workers compensation advocate Rob Hilliard.



Craig Kielburger, co-founder of "Free the Children" and "Me to We" with Local 832 member Laura Layton.



Local 832 members Marlene Martin and Roland Street.



The Honourable Jennifer Howard.

each other, regardless of where they work. President Traeger told the stewards that the upcoming rounds of bargaining for Extra Foods and Superstore members is important to the entire Local. We need to stand as one to ensure the best contract can be negotiated for the members. If a strike does take place, everyone needs to respect the picket lines and walk with your brothers and sisters.

The shop steward conference ended with the union handing out diplomas to the stewards that completed the program.

On Saturday evening, the Local held a celebratory dinner for all of the shop stewards and health and safety activists. The nearly 600 in attendance heard from the Premier of Manitoba Greg Selinger, UFCW Canada National President Wayne Hanley, and former UFCW Local 832 presidents Bernard Christophe and Robert Ziegler.

Sunday, April 14, over 200 health and safety activists began their conference, with the same focus and speakers Lisa Shaw and Big Daddy Taz, as the steward's conference.

The activists then attended workshops, dealing with issues such as mental wellness, vulnerable workers, being an effective committee, and having a successful workplace health and safety program.

In the afternoon, Dave Gaudreau, MLA for St. Norbert brought greetings on behalf of Honourable Jennifer Howard, the Minister of Labour. Dave talked about how the province has been very active in talking to those affected by workplace injuries and the government's plans on strengthening workplace safety.

UFCW Local 832 workers compensation advocate Rob Hilliard, talked about how companies like Westfair are using other companies to fight all compensation claims and the struggles members are having in obtaining benefits.

The workshops continued on the second day of the health and safety conference. The conference wrapped up with closing remarks from President Traeger and the presentation of the diplomas to the activists.

At both conferences and social gatherings, President Traeger thanked everyone who has played a part in the Local's success and said, "***UFCW Local 832 and our activists will continue to fight for the rights of our members and the working people of Manitoba for the next 75 years and beyond.***"



Dave Gaudreau, MLA for St. Norbert talking to the group about the government's plans on strengthening workplace safety.



One of the displays set up at the conferences showing some of the history of Local 832.



Winners of the \$100 cash draws sponsored by Cornerstone Insurance.



Winners of the \$100 cash draws sponsored by Dominion Lending.





Shop Steward Level I diploma recipients



Shop Steward Level II diploma recipients



Health and Safety diploma recipients



## **VersaCold** Jarvis slated for closure

Company doesn't renew lease on storage space

**422** **JARVIS** in Winnipeg, is one of the oldest cold storage facilities in the province. The building was built in 1911 and for the last number of decades VersaCold has been leasing the building providing cold storage for numerous clients, the main one being HyLife Foods in Neepawa, another UFCW Local 832 unionized plant. Unfortunately VersaCold, will lay-off the members, as they will no longer be running the facility. While the fate of the building still is uncertain, rumours are varied from demolition to a possible new client. Regardless, the members will be out of work on June 30 of this year.

There are approximately 10 members who will be affected by this closure. The union will be working with these members through its career transition services offered at the training centre.



## **Vacation time could cause you to lose benefits**

IGA and Sobeys Burrows members beware

**AT** IGA and Sobeys Burrows UFCW Local 832 part-time employees who work at least twenty-four (24) hours per week

(over a twenty-week average) qualify for health and welfare benefits as listed in Appendix A of the collective bargaining agreements.

With the pending lure of summer around the corner, many part-time employees may wish to take some time off from work to enjoy the warmer climate. The union wants

to remind its part-times members to keep in mind that when taking time away from work, it may affect their qualifying hours over the twenty-week average.



In the event, however, that your hours over the twenty-week average fall below 24 hours, you will receive notification that your health benefits qualification has

changed. If this happens and you lose your health benefits due to not having enough hours over the required period of time, you may re-qualify in the following next twenty-week period.

Members working at IGA or Sobeys Burrow, who have a question or concern about their health benefits or any

other clause in their union agreement, should speak to a shop steward or call their union representative Kim Ferris at 204-786-5055.



# UNION members say YES to new deals

## NALEWAY workers ratify two-year agreement

On April 7, UFCW Local 832 members working at Naleway Foods ratified a new two-year deal.

Negotiations began last summer, with the parties reaching a deal on March 8. Things took a little longer as the union brought in an independent auditor to review Naleway's financial situation.

"We all have to work together for the benefit of the workers," stated union negotiator Heather Dezan. "The audit reflected what the company was telling us at the table and it was, therefore, important to get job security for the members."



Because of this, the members agreed to a two-year freeze but in lieu of wage increases, they did receive a \$150 signing bonus.

The negotiating committee (union negotiator Heather Dezan, union rep J.P. Petit, and members John Hurd and Tannis Pagano) did, however, achieve

an increase to the safety boot allowance of \$25. The employer will now reimburse employees required to wear safety boots \$125 per year. Employees will now also be able to bank overtime hours at the appropriate rate, instead of just being paid out for it. The parties also agreed to wording that improves the pension benefit level and detailed language regarding an anti-harassment policy.

UFCW Local 832 represents about 85 workers at the Naleway plant in Winnipeg. Naleway is a global manufacturer of perogies and panzerottis for major retail chains.

## Wages increasing by six per cent for members at MCKENZIE SEEDS

UFCW Local 832 represents members at McKenzie Seeds in both production and the office. McKenzie Seeds is a seed packaging company, which is based in Brandon.

On March 8, the negotiating committees reached tentative agreements, which the members from both units ratified on April 8.

During the life of the agreement members will see their wages increase by six per cent, with the first increases retroactive to November 1, 2012 and January 1, 2013 as applicable.

As well, the agreements contain language for a second tier for vacations, a 50/50 cost-sharing arrangement for benefits for new hires only. There will be no change to the cost structure for existing employees. For the plant, the parties introduced



Phyllis Frank of McKenzie Seeds.

wording regarding casual employees that protects all current jobs.

The negotiating committees unanimously recommended the acceptance of the new three-year agreements. Union negotiator Heather Dezan, union rep Ray Berthelette, and members Bob Gerry and Bill Gordon spearheaded the plant committee. The office com-

mittee was comprised of union negotiator Dezan, union rep Berthelette and office member Monique Dufresne.

Local 832 President Jeff Traeger said, "These are both good agreements, which look after our current members but also hopefully encourage the company to want to bring more business to the Brandon plant."

## Filing grievances and winning arbitrations **BENEFIT ALL**

Over \$20,000 in refunds and counting.

**You** may recall that in the January 2013 issue of UNION, the union reported that it was successful in winning the long, outstanding grievances on benefits; specifically, the \$10,000 maximum lifetime cap for prescription drugs.

This win has a significant impact on you—the members at Westfair Foods. Prior to this, the insurance carrier (Blue Cross) was telling members that they had reached their \$10,000 maximum lifetime cap and were no longer eligible for reimbursement of allowable prescription drugs. Because of this win, to date over \$20,000 in pre-



scriptions drug receipts has been forwarded to Blue Cross for refund to members.

The collective agreement states that all eligible prescription drugs are to be covered by the plan without mention of any limit. Therefore, all members who are eligible for the full-time prescription drug benefit are to forward all prescription receipts to the insurance carrier as they did in the past.

If you have any questions regarding prescription drug coverage or any other benefits please contact your union representative.

## That's my livelihood!

Supplier reps not to be working in stores

**U**nder the collective agreement, section 21, supplier's representatives, the wording is clear that only greeting card companies, chip companies and books and magazine suppliers are allowed to perform stocking or replenishing of merchandise. No other suppliers' representatives should be performing any kind of work in the stores with the exception of those engaged in erecting special display stands composed of wood, cardboard or metal. Even in these cases, an employee of the store must perform the initial stocking with direction from the suppliers' representative.

Recently, the union became aware that some suppliers' reps were in fact doing bargaining unit work in some of the stores. If you allow this to happen and do not bring it forward to your union representative or a shop steward, **you are permitting**

**the company to take away your hours and your pay, and give it to an outside person.**

If you see or are aware of a suppliers' rep performing bargaining unit work, the union must be notified immediately with all details. The union needs to know who the supplier representative was, what duties they performed, the date and time (start

and finish) they performed them, and any witnesses to the event. Protecting **your livelihood** and **your job** is your responsibility.

By bringing the problem to the union's attention, **the union can get involved and fight for your rights and ensure that the company is abiding by the collective agreement.**

## Union contact information

### WINNIPEG OFFICE

204-786-5055 or toll-free at 1-888-832-9832

### BRANDON OFFICE

204-727-7131 or toll-free at 1-800-552-1193

### THOMPSON OFFICE

204-778-7108 or toll-free at 1-800-290-2608



# Over \$13,000 awarded to members from Grace Hospital

The Winnipeg Regional Health Authority (WRHA) employs a number of workers in the professional/technical sector. Most of these employees are unionized. However, UFCW Local 832 represents only a small percentage of these employees at the Grace Hospital site. The rest of the employees are members of either MACHP or MGEU.

All three unions have separate collective agreements, which are negotiated separately but all expire at around the same time. As such, the unions do try to work together and communicate with one another to make sure these health care employees are receiving the same negotiated benefits.

During the last round of talks, Local 832 successfully negotiated a clause that guarantees its professional/technical employees the same rate

of pay as professional/technical employees represented by MACHP or MGEU should the wage rates negotiated by those unions be higher than that negotiated by UFCW.

In the fall of 2012, it came to UFCW's attention that MACHP had negotiated a higher wage rate for the orthopedic technologist classification (a classification in the professional/technical sector). This wage rate had become effective as of April 1, 2012. UFCW Local 832 currently represents two orthopedic technologists and, therefore, filed a grievance stating that the two employees affected should have their wage increased to the wage rate negotiated by MACHP. UFCW further requested that the differ-

## GRIEVANCE NEWS



**Garry Bergeron**  
Legal Counsel



**Debra Malmquist**  
Legal Counsel

ence in the wage be paid retroactive to April 1, 2012.

When WRHA received the grievance, the company met with Local 832 and agreed with the union's position. As such, the two UFCW Local 832 members affected were compensated and their wage rate increased accordingly. **The members' total compensation amount was approximately \$13,000.**

## Guaranteed WIN!

**WESTFAIR MEMBERS COMPENSATED** lost hours of pay.

Recently, it was brought to the union's attention that at Westfair Foods, unrestricted employees were not receiving their guarantee of hours during a week in which they had requested, and been approved, a specific day off. Because of this, the members affected lost up to 13 hours of pay.

It is the union's opinion that this is a direct violation of the collective agreement and, therefore, filed a grievance. The contract maintains that an unrestricted employee's workweek shall not be reduced if said employee requests and is approved a specific day off prior to the posting of the work schedule.

Westfair denied the grievance. The company took the position that it did not have to accommodate time off requests. Westfair further stated that it would provide available anytime employees with their guarantee of hours if the schedule permitted, but that it would not create shifts to accommodate time off requests.

The union pushed the grievance and referred it to arbitration. An arbitration hearing was scheduled for March 11 and 12. However, prior to the arbitration, the company agreed to pay the members affected all hours owed and abide by the agreement in the future.

# Employers **CAN'T** fire injured workers!

There is a section in *The Workers' Compensation Act* that prevents employers from firing workers who get injured at work and file a claim with the workers compensation board (WCB), if they have worked with that employer for at least one year.

You are probably thinking, "Surely no employer would fire a worker after they were injured at their work." Sadly, there are some employers who think they have the right to fire injured workers if they don't want the injured worker around anymore or if they disagree with the seriousness of the injury or what the injured worker is capable of doing after the workplace accident.

Joy Jacobsen, a UFCW member at McCain Foods in Carberry, discovered this. Joy tore the cartilage in her knee when she slipped off a ladder at work. This injury required surgery and a period of time convalescing at home.

Following this absence from work, a WCB doctor recommended a gradual return to work for Joy. The doctor stated that Joy should start with a three- or four-hour shift for the first two weeks and then assess how she was doing before increasing her work hours. The WCB doctor also mentioned that Joy not return to her regular duties right away so that her knee could continue to properly heal. He recommended that Joy avoid as much as possible any squatting, kneeling, crawling, climbing, pivoting, running and jumping. He further said that Joy have the ability to sit, stand, stretch and walk around as needed. He clearly noted that her knee was healing and still vulnerable to further injury and her tolerance for walking and being on her feet was still at a low level.

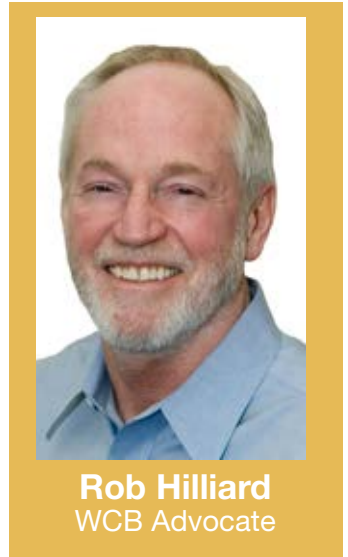
The WCB case manager advised Joy

of the plan and she quickly agreed. The case manager then contacted the employer and asked if it had any work that Joy could do that met these requirements.

McCain responded with an offer of work that was appropriate except for one thing: Joy would be required to walk the equivalent of a football field three times in a four-hour shift. The case manager advised management that the work was appropriate except for the requirement for her to do that much walking, especially in her first two weeks back at work. WCB, therefore, would not approve the return to work plan unless it was modified to eliminate the need for so much walking. The manager then e-mailed the case manager with some possible solutions that he said he would look into. Then nothing else happened.

When the date for Joy's return to work arrived and Joy did not return to work (because there was still no solution to the walking problem), McCain Foods terminated Joy's employment.

WCB e-mailed McCain Foods' human resources manager advising him that **firing Joy violated *The WCB Act*** and that the employer had a legal obligation to re-employ her after her workplace accident. The manager e-mailed WCB back saying that he did not fire her because she was injured at work, he fired her because she did not return to work when he expected her to. The WCB case manager responded back stating that **the return to work plan was never approved because there was a requirement for Joy to do too much walking**, which would not be safe for her. WCB also reminded him that McCain Foods had a legal obligation to provide Joy with suitable employment.



**Rob Hilliard**  
WCB Advocate

McCain Foods did not immediately respond to WCB and Joy continued to collect full wage loss benefits while the employer decided what to do. Eventually, about a month later McCain advised UFCW and WCB that Joy's termination was being overturned and its human resource manager would be contacting Joy "to re-examine her return to work plan".

It is unfortunate that some managers think they can do whatever they want and that workers have no rights. It is because of situations like this that we are thankful *The Workers' Compensation Act of Manitoba* does have laws that protect injured workers. These laws can be effective if WCB properly enforces them.

In this case, the WCB case manager held her ground and would not be pushed around or ignored by uncooperative management. As a result, **JOY SUCCESSFULLY RETURNED TO WORK AFTER HER WORKPLACE INJURY AND COLLECTED FULL WAGE LOSS BENEFITS** while management wasted time and refused to address the requirement for her to do less walking on her modified duties work placement.



# LOCAL 832 PRESENT at Canadian Labour Council conference

Young workers meet to discuss standing for fairness for the next generation.



UFCW Local 832 shop steward, youth activist Gabriel Bako (far left) participating in the Young Workers Advisory committee forum Standing for Fairness for the Next Generation.

**I**n March, the Canadian Labour Congress (CLC) held its political action conference in Toronto. UFCW Local 832 union representative **Kim Ferris** and youth activist **Gabriel Bako** represented UFCW Local 832 at the conference.

The CLC is the umbrella organization for dozens of affiliated Canadian and international unions, as well as provincial federations of labour and regional labour councils.

Prior to the conference, during the afternoon of March 22, the Young Workers Advisory committee held a forum **Standing for Fairness for the Next Generation**. The purpose of the meeting was to discuss how to captivate youth on both labour and political issues specific to them. There were about 70 participants, all 29 years of age or younger, who

were all eager to enjoy the various presentations and partake in the discussions.

The forum opened with slam poetry performances from Pablo Godoy, a UFCW national representative, and Beny Esguerra, a community organizer. Then Kent Peterson, a youth activist from Saskatchewan Building Trades/Canadian Federation of Students, followed with a comical and dynamic presentation called **The Justin Bieber Model of Economics** (*and why young people must never say never!*). This was a great way to start the forum and a perfect way to use alternative methods of effectively capturing youth participation.

The larger part of the forum, was **World Cafe—Tips, Tricks and Issues**. This session consisted of participants being briefed on five differ-

ent issues and then having an open dialogue with both the facilitators and others within the group. **UFCW Local 832 activist and delegate to the CLC's Young Workers Advisory Committee Gabriel Bako was one of the facilitators.**

Gabriel talked about the importance of *building strong youth committees*. Other topics discussed within the World Cafe were: *youth supporting/running in electoral politics* (Mike MacDonald facilitator), *working with non-union youth on labour issues* (Stephen Von Sychowski), *activism: the importance of arts in organizing* (Michael Fraser O'Brien), and *the student/labour connection* (Jessica McCormick).

The forum wrapped with the screening of **Michael Rouse's music video**. Michael, member of IATSE Local 891, was the winner of the CLC's one-minute message contest **Rapping Solidarity Forever**. Anyone interested in viewing it can check it on YouTube.

The Young Workers Advisory Committee **Standing for Fairness for the Next Generation** forum was a great success. The dynamic nature of the forum, having youth from a broad range of union affiliates, and the involvement and response from the participants was empowering.

UFCW Local 832 believes that this type of forum can be adapted to use at other local union conventions, and it is also a successful way of educating and engaging young members.

# UFCW Local 832 Retirees' Club

## Spring luncheon this month

**T**HE UFCW Local 832 Retirees' Club has scheduled its annual spring meeting/luncheon for:

**Tuesday, May 14,  
12 noon**

**Army Navy & Air Force Vets  
Legion  
3584 Portage Avenue.**

It is a good social outing and gives you a chance to meet new people. It is also good way of staying involved and well informed about the happenings of the club and the union. Perhaps you'll even go home a winner, as you could win a door prize or cash draw.

The cost is \$6 per person for dues-paying members or \$9 per person for non-dues paying members. If you are planning on attending, **you must RSVP by calling Carol at the union office at 204-786-5055 before May 3.**

## ALBERT (HARRY) CARR

January 29, 1932 - March 15, 2013

Harry immigrated to Canada with his family from England in 1970. He worked for Canada Safeway and passionately supported his union. He was an active shop steward, sat on the negotiating committee, was a delegate at the UFCW International Convention in San Francisco and sat on the retirees' executive board. Harry was predeceased by his wife Margaret in October 2012. Our condolences to the Carr family.

## UPCOMING EVENTS Retirees Golf Tournament Tuesday, June 18

SHOOTERS FAMILY GOLF CENTRE

2731 Main Street, Winnipeg

Shot gun start at 9 a.m.

Restrictions: 50 years of age or older

Cost: Dues-paying member and spouse \$22 each.

Non-member \$35

Includes: 18 holes of golf and lunch

(Carts are available for \$15)

**There will be course prizes and cash draws and a limit of 36 golfers. Single, double or teams may register and all PAYMENT MUST BE IN BY MAY 31. Cheques are to be made out to UFCW Local 832 Retirees' Club.**

## Thief River Falls Casino Trip September 18 to 20

PICK UPS & DROP OFFS

**Location 1: Safeway at McPhillips and Jefferson.**

**Bus arrives at 8 a.m. and leaves at 8:30 a.m.**

**Location 2: Safeway at 2155 Pembina Highway.**

**Bus arrives at 9 a.m. and leaves at 9:30 a.m.**

**Parking available on north side of the parking lots.**

**Cost: Dues-paying members and spouse \$110\* each.**

**Non-member \$120\***

**\*Based on double occupancy, single \$35 extra**

**Casino Rebate: \$100 slot play, meal coupons and more**

**Clean rooms with fridge and microwave**

**duty free shopping, shuttle van to Thief River Falls**

**games, prizes & 50/50 draws on the bus, plus lots more fun.**

**Seats are first come first served with PAYMENT IN FULL BY AUGUST 23.**

**Register for the trip with Lila 204-837-3554, Armand 204-832-1211 or Joan at sadudaj@mymts.net.**

**For both events send payment to UFCW Local 832 Retirees' Club,  
1412 Portage Avenue, Winnipeg, MB, R3G 0V5, attention: Carol.**

## Did you know DRINKING WATER IS GOOD FOR YOU?

- Drinking two glasses of water after waking up helps activate internal organs
- One glass of water 30 minutes before a meal helps digestion
- One glass of water before taking a bath helps lower blood pressure
- One glass of water before going to bed can help avoid stroke or heart attacks, it can also help prevent night time leg cramps.

***Drinking water helps to flush toxins out and keep your body healthy.***



## The 'Books' look good



**L**ocal 832 executive board members Allice Jeffrey, Dianne Gibson-Pierce and Kathie Kraychuk conducted the internal audit this year. Pictured above they are discussing the local's finances with Secretary-Treasurer Bea Bruske. The audit committee reported that the local's finances are in good shape and continue to improve under the direction of Secretary-Treasurer Bruske and President Jeff Traeger.

## Another Winner!



**U**FCW Local 832 member Meaghan Schneider is the latest winner from the draws that the union has been conducting. Meaghan works at Extra Foods 9002 and won a pair hockey tickets to go and see the Winnipeg Jets play the Carolina Hurricanes at the MTS Centre.

## Membership discounts—it pays to belong!

**Y**our UFCW Local 832 membership card is the key to receiving substantial discounts and special offers from numerous merchants and service providers. Just show your membership card to receive these special discounts! It's important to make sure both you and the benefit provider understand the terms of the transaction and it is a good idea to call ahead. For a complete list go to [www.ufcw832.com](http://www.ufcw832.com).

### GENERAL PAINT

Members receive 40% off all General Paint manufactured product, 20% off on special order wall coverings and 20 to 30% off non-General Paint manufactured products and supplies.

#### Brandon:

1124 18th Street 204-727-0295

#### Winnipeg:

- 1045 St. James Street 204-982-6300
- 1094 Nairn Avenue 204-982-6330
- 1-140 Meadowood Drive 204-982-6320

### WILDER, WILDER & LANGTRY

Members can save big on legal services from Joe Wilder. If you are looking for a lawyer to help you with wills, real estate, family law or immigration contact Joe at 204-947-1456. Make sure you let him know you are a UFCW Local 832 member to receive the special rate.

### BRIDGEVIEW BED & BREAKFAST

Begin your outdoor adventures at the Bridgeview Bed & Breakfast in Selkirk. Union members can enjoy a 5% discount during the snowmobile season. Call Louise at 204-482-7892 or [www.bridgeviewretreat.com](http://www.bridgeviewretreat.com).

### DUFRESNE HOME CENTRE SAVINGS

Receive 5% better than the current price listed on furniture, mattresses and accessories. Receive 3% better than the current price listed on appliances and electronics. UFCW member card discounts cannot be used with any other offers or promotions.

- Winnipeg 880 Nairn Avenue, 204-667-1578 or 1750 Ellice Avenue, 204-989-9900
- Selkirk 374 Eveline Street, 204-785-8191
- Portage 2401 Saskatchewan Avenue W, 204-857-7803
- Brandon 1885-18th Street N., 204-728-8530
- Swan River 1321 Main Street, 204-734-4772



# 2013 FESTIVAL

CELEBRATING LABOUR & THE ARTS  
[www.mayworks.org](http://www.mayworks.org)

## 2013 MAYWORKS CALENDAR OF EVENTS

### APRIL

**26 FRI**

NATIONAL DAY OF MOURNING- SAFE WORKERS OF TOMORROW ANNUAL LEADERS' WALK  
11:45 am

**28 SUN**

NATIONAL DAY OF MOURNING- MFL CANDLELIGHT SERVICE  
1:30 pm

### MAY

**1 WED**

MAY DAY MARCH IN CELEBRATION OF INTERNATIONAL WORKING CLASS DAY 5:30pm

CKUW: MUD AND WATER CELEBRATES MAYWORKS 5:30pm

MAY DAY CABARET: UNITED IN SONG 7:00pm

**2 THURS**

INCANTATIONS FROM THE REPUBLIC OF FIRE BOOK LAUNCH  
7:00pm

**4 SAT**

WPWC OPEN HOUSE CHILLER  
6:30-10:00pm

SOLIDARITY TOUR: FROM WINNIPEG TO WINDSOR  
6:30pm

**5 SUN**

AUUC SPRING CONCERT  
2:00pm

VICTOR JARA: THE RIGHT TO LIVE IN PEACE  
7:00pm

**8 WED**

CKUW: MUD AND WATER CELEBRATES MAYWORKS  
5:30pm

**11 SAT**

FESTIVAL OF MANDOLINS  
7:30pm

**15 WED**

CKUW: MUD AND WATER CELEBRATES MAYWORKS  
5:30pm

**16 THURS**

JAIL BABY  
8:00pm

**17 FRI**

JAIL BABY  
8:00pm

**18 SAT**

JAIL BABY  
8:00pm

**19 SUN**

JAIL BABY  
2:00pm

**21 TUES**

JAIL BABY  
8:00pm

**22 WED**

JAIL BABY  
2:00pm & 8:00pm

CKUW: MUD AND WATER CELEBRATES MAYWORKS  
5:30pm

**23 THURS**

JAIL BABY  
8:00pm

**24 FRI**

JAIL BABY  
8:00pm

PETE SEEGER TRIBUTE SHOW  
7:00 doors, 8:00 show

**25 SAT**

JAIL BABY  
8:00pm

**26 SUN**

JAIL BABY  
2:00pm

**29 WED**

CKUW: MUD AND WATER CELEBRATES MAYWORKS  
5:30pm

### All of May

POSTCARD ART  
Millenium Library

### JUNE

**1 SAT**

MAYWORKS PICNIC  
12:00-4:00pm



visit [mayworks.org](http://mayworks.org)  
for event details and more

CELEBRATING WINNIPEG CO-OPS

Publications Mail Agreement # 40070082

Please return undeliverable Canadian addresses to:

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