



# UNION

THE MEMBERSHIP MAGAZINE FOR UFCW LOCAL 832

FEBRUARY/MARCH 2014



International Women's Day  
March 8

## The Importance of International Women's Day



**I**nternational Women's Day is recognized around the world on March 8. The theme for 2014 is 'inspiring change.' Women's equality has made positive gains but the world today is still unequal.

When I heard the theme for this year, it reminded me of how I was inspired by strong women at UFCW Local 832. My union representative when I first got involved with the union was Nancy Quiring, currently the UFCW western regional director. Nancy encouraged me to become a shop steward at St. Boniface Hospital and to get more involved. As a young woman who was just beginning to explore different career options, had Nancy not encouraged me and had I not been willing to get more involved, I would never have considered a career in the labour movement. Once I began my career with UFCW Local 832, other women at the local stepped up and carved a path for me. One example of this was Darlene Dziewit, who was an union negotiator at the time and resigned her position as one of the few female members of UFCW Canadian Council to allow me, a young and newer-comer to the labour movement, the opportunity to be the first young person to sit on this prestigious council.

I am proud of what our local has achieved over the last 75 years, and this ultimately begins with the leadership. Local 832 has always been and continues to be a leader in this area. The leaders, both past and present, created an environment that regardless if you are a man or woman hiring and promoting the best and the brightest should be what is important. Now under President Jeff Traeger we have brought even more equality to the local by nominating and electing Beatrice Bruske as secretary-treasurer. Bea is the first woman to hold this position at the local.

Both Jeff and Bea continue to ensure women's rights and equality are at the forefront of what we do at the local.

"Well behaved women rarely make history." This quote by Harvard professor Laurel Thatcher Ulrich speaks to the women at our local. Not just the union representatives, negotiators and leaders but to the activists, executive board and members, who all on a daily basis fight for the rights of not only women in our communities and workplaces, but all individuals.

Strong women like Nellie McClung, Rosa Parks and Malala Yousafzai, to name just a few, have shaped our lives. These women along with countless others stood up and fought for equality, when it wasn't cool, popular or easy.

On March 8, take a moment to think about how you can help mentor those around you. Ask yourself who can learn from our history and help make our future brighter so we have more activists and more members willing to stand up and speak out when they see something wrong. Don't be afraid to encourage others to get involved for fear you will be left behind. True leaders and pioneers of any cause always work for the betterment of that cause, not the betterment of themselves.

In solidarity,

A handwritten signature in black ink, appearing to read 'Marie Buchan'.

**Marie Buchan**

*Executive Assistant to the President, UFCW Local 832*

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**On the cover:** Rosie the Riveter Illustration by Sofia Hericson.

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#### UNION OFFICES

##### Winnipeg

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204-786-5055  
1-888-UFCW-832

##### Brandon

530 Richmond Avenue E.  
Brandon, MB R7A 7J5  
204-727-7131  
1-800-552-1193

##### Thompson

90 Thompson Drive  
Thompson, MB R8N 1Y9  
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#### TRAINING CENTRES

##### Winnipeg

880 Portage Avenue  
Winnipeg, MB R3G 0P1  
204-775-8329  
1-877-775-8329

##### Brandon

530 Richmond Avenue E.  
Brandon, MB R7A 7J5  
204-726-8337

##### Neepawa

290 Davidson Street  
Neepawa, MB

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# Safeway Members Stay Informed on Negotiations

**W**ith the first round of talks between Local 832 and Safeway officials completed, the ground-work is slowly being laid for a new collective agreement.

This set of negotiations is more challenging because the ultimate decision on a new deal will be coming from the head office of Sobeys, and with the ink still fresh on the Sobeys purchase of Safeway there are still a lot of unknowns.

Lead negotiator and UFCW Local 832 President Jeff Traeger believes a deal can be reached before the March 15 deadline, but states, "When you have 3,000 employees and a new employer, anything can happen."

The bargaining committee will be giving video updates and discussing issues and concerns that are happening at the bargaining table. Members can view updates by using the new layar app, (instructions below) or visit the webpage at [www.safeway2014.ca](http://www.safeway2014.ca).

"The struggle with a large bargaining unit like Safeway that covers the entire province is keeping the members up-to-date. We had a lot of success with video updates, so it's important that members keep checking the website after every bargaining session," stated Traeger.



# President Traeger Keeps Promise on Training in the North



Heather Grant-Jury, director of education for Local 832, travelled to Thompson to instruct the course.

Northern union representative Blair Hudson stated, "We could not have conducted this course at a better time. In the near future, the union will be bargaining new collective bargaining agreements for the following northern units: Burntwood Legion, Gillam Co-op, Dauphin Co-op, Leaf Rapids Co-op, Thompson Homeless Shelter and Arcturus Realty."

**O**n January 8 and 9 the local held a collective bargaining course in Thompson. The shop stewards in attendance gained knowledge and experience on how the process of collective bargaining works within UFCW Local 832. They talked about the roles the negotiating committee members and shop stewards play during the course of bargaining.

The class spent a significant amount of time discussing these roles, as the union believes that during negotiations the role that the shop stewards play with the rank-and-file members is even more crucial than at any other time.

Rhonda Flamand, a new steward with the Burntwood Legion and a recently appointed member of the bargaining committee said, "We are starting negotiations with the Legion in two weeks and with this course, it has given me a better idea of what to expect. I learned a lot about the process, as well as how I should be working with my co-workers while we are bargaining for a new agreement."

As promised, President Traeger continues to ensure that the stewards outside of Winnipeg are kept well informed and receive the same training as the shop stewards in Winnipeg.



## New Executive Board Sworn In

At the executive board meeting on January 17 the newly elected Local 832 executive board was sworn in for their four-year term. The complete list of executive board members can be found on the UFCW Local 832 website, [www.ufcw832.com](http://www.ufcw832.com)



# Everything is Peaches 'n' Cream

## RETIREE NEWS

**W**e all know an apple a day keeps the doctor away. Fruit is an important food, as it plays a major role in detoxifying your system, supplying you with a great deal of energy for weight loss and other life activities. But, do you know when is the best time to eat fruit?

If you are like most people, we usually have fruit after a meal. However, in recent studies, we should not eat fruit after a meal. It is best if we eat fruit on an empty stomach. The minute fruit comes into contact with the food in the stomach, and digestive juices, the entire mass of food begins to spoil. Fruit mixes with digesting food and produces gas and bloating. Eating a piece of fruit before your meal is better than drinking a glass of water or juice. Raw fruit is also better for you than cooked or can fruit as cooking fruit destroys all of the vitamins.



Go bananas and don't be a sour grape, enjoy fruit, fruit and more fruit. When life gives you lemons, make lemonade and everything will be peachy keen.

On another side note it is also better to have a warm glass of water after each meal. This will help break down fat and absorb nutrients faster.

**UFCW Local 832 Retirees' Club members, who have paid their annual dues, are eligible to receive the membership rate when getting their income tax prepared. This would include widows and widowers of such retirees. See back page for full details and office locations.**

## UFCW Continues to Help!

**T**he people of the Philippines are still feeling the effects of Typhoon Haiyan, which swept through the country destroying about 80 per cent of structures in its path and killing thousands of people. In order to help with the continued relief efforts, Local 832 Retirees' Club, on behalf of its executive and members, donated \$1,000 to the Haiyan Disaster Relief Fund. To date UFCW Canada has donated over \$42,200

Executive board member Joan Dudas said, "Some of our members have been personally affected. Our thoughts are with them."

## RECIPE OF THE MONTH

### GLUTEN-FREE BROWNIES

2 ½ cups icing sugar  
2 100 gram packages ground almonds (about 2 cups)  
2/3 cup unsweetened cocoa powder  
1/8 tsp. salt  
4 egg whites  
2 tsp. vanilla

Preheat oven to 350 degrees. Line the bottom and sides of an 8-inch square pan with parchment, letting it hang over the sides of the pan. Whisk sugar, almonds, cocoa and salt in a large bowl. Stir in egg whites and vanilla (batter will be thick). Scrape into prepared pan and smooth evenly on top. Bake in centre rack of oven until top of brownies is shiny and crispy, about 40-45 minutes. Your cake tester should come out almost clean. Cool and serve with greek yogurt and fresh fruit if desired. It is so good and tasty.



Left to right, Olayemi (student), Graham (teacher), Trevor (student) and Sukh (teacher)



**Heather Grant-Jury**  
UFCW Education  
Director

# The Training Centre Builds Skills for the Future

## Grade 12 Mature Student Diploma Program making a difference.

**T**he Grade 12 Mature Student Diploma Programs **DO** make a difference in people's lives. Ask Olayemi and Trevor, two students enrolled in the program in Brandon.

Olayemi, a new Canadian from Nigeria, sums up her experience, "I love it. In my home country, I didn't do well. Sukh makes math easy and fun." Olayemi is currently in grade 12 pre-calculus. Eventually, she hopes to get into healthcare and is very thankful to UFCW for giving her the opportunity to pursue her dream.

Trevor is also enrolled in the program and has the unenviable workload of grade 11 math and grade 11 physics. He is taking evening classes, hoping to complete his adult high school diploma. Like his Nigerian colleague, Trevor speaks very well of his current learning experience.

"If school was like this when I originally went, I wouldn't have left. Taking courses in this program is the greatest learning experience I've had," said Trevor. "I'm not sure what I want to do after I get my high school diploma, but it's nice to know other careers will be available and I have more open doors."

The UFCW Training Centre and the Adult Collegiate of Assiniboine Community College (ACC) in Brandon and Neepawa enjoy a supportive working relationship for UFCW members in the Westman area.

The Mature Student Diploma programs are available at all three training centres. Members can enrol in high school courses to obtain their grade 12 diploma or take high school credits that can be applied as pre-requisites to other college or university programs.

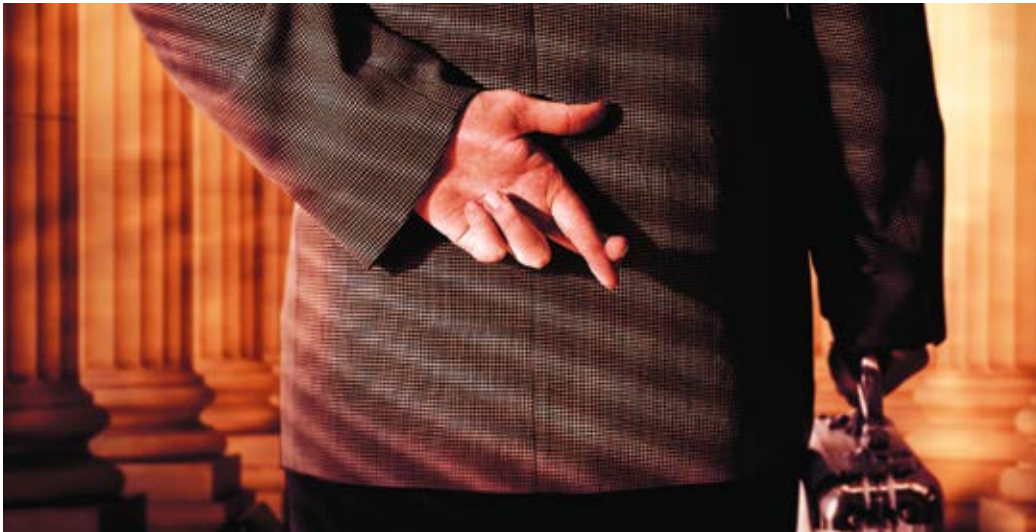
If you are interested in taking high school courses in Brandon or Neepawa, contact Shawn Brake at Assiniboine Community College at 204-725-8735 extension 6123. If you are interested in taking classes in Winnipeg, contact Ans Norman at 204-775-8329.

### New for 2014 UFCW Local 832 Scholarship Program

- Application period is February to May 31.
- Maple Leaf, Loblaw and Sobeys scholarships are now \$2,000.
- Dependents of eligible members can apply for \$1,000 scholarships.
- Eligible grads from all Adult High School programs can apply for four \$500 scholarships by writing an essay.
- One \$1,000 scholarship will be awarded to an eligible grad from the Westman Adult High School program.
- Full details on training centre page at [ufcw832.com](http://ufcw832.com).



Scan this page



**Rob Hilliard**  
WCB Advocate

# Don't Let a Company Lawyer Decide Your Fate!

**U**FCW is finding that more and more employers are hiring law firms to handle WCB claims filed by its employees, simply in an effort to save the company money. Many of these lawyers have head offices in Ontario and these lawyers do not know the workers, the workplaces or even the management people they are working for.

This means that these lawyers don't know that much about the workplace accident or how the injured worker actually has to do their job. So, if they want to try to convince WCB that the claim should not be accepted, they often will focus their arguments on whether or not the injured worker followed the proper procedures because that is the only way they know how to get the claim denied.

For example, if a worker waited a few days before telling their supervisor that they got hurt at work these lawyers will argue with WCB that there is no evidence that the injury happened at work and that it could have happened away from work. **If there is no evidence that an injury happened at work then WCB will have to deny the claim.**

Another common mistake that injured workers make is to wait several days before they see a doctor. There can be many good reasons for this including the fact that the doctor had no appointments available for several days. However, even if there are reasons like this, these lawyers will argue with WCB that there is no medical evidence

that proves that an injury was caused by something that happened at work because several days passed and the injury could have been caused by something that happened away from work. **If there is no medical evidence that an injury happened at work then WCB will have to deny the claim.**

The union understands that it is normal for workers to not want to report an injury every time that they feel pain or discomfort from their job. However, keep in mind what seems like a small injury today could become a problem down the road. If it does, the company lawyer will use that against you and try to have WCB deny your claim.

If you feel pain from your work activities or if you hurt yourself at work, following these steps will make it easier to get your WCB claim accepted.

1. **FILL OUT A GREEN CARD OR INCIDENT REPORT** on the same day that it happened or at least on the next day you are working.
2. If you are not able to do that, **TELL MANAGEMENT OR A CO-WORKER** immediately so that you have a witness that something happened to you at work.
3. **GO TO A DOCTOR** right away. If you can't see your own doctor, go to a walk-in clinic.

Don't let the lawyers decide your fate and have them deny you the WCB coverage that you are entitled to under law.





## GRIEVANCE NEWS



**Garry Bergeron**  
Legal Counsel



**Debra Malmquist**  
Legal Counsel

# Banked Overtime a Financial Safety Net

**Prior to arbitration Granny's agrees with union's position.**

**A**t *Granny's Poultry Blumenort* employees are entitled to bank overtime at the rate of 1½ hours for every one hour worked up to 120 hours. The collective agreement states that the primary purpose of banked overtime is to ensure employees affected by seasonal slow-downs are able to supplement their hours to ensure that they suffer little financial loss.

Employees opting to bank their overtime in lieu of payment are entitled to take time off from their banked overtime or use the banked overtime for maximizing hours to a maximum of 40 hours per week. If employees request time off from their banked overtime they must give the company at least two weeks' written notice. Time off for banked overtime is subject to operational requirements and no employees can take time off during the time period of June 1 to

September 30 and December 1 to December 31.

In the summer of 2013, a number of employees' hours were reduced on numerous occasions due to a shortage of work. Many employees suffered financial loss, as they were not receiving 40 hours pay per week. As a result, employees affected submitted requests to use their banked overtime to maximize their hours. The company denied all requests as it was their position that since the requests were for maximizing hours for days that fell between June 1 and September 1 employees could not use their banked overtime.

The union argued against this position stating that although employees could not request "time off" from their banked overtime between June 1 and September 1, they were not prevented from using banked overtime to maximize their hours to ensure

that they suffer little financial loss. The union explained that this would not in any way have a negative impact on the company's operations as the employees were only wishing to use their banked overtime to maximize hours that were lost as a result of a shortage of work, employees were not requesting any "time off" work. The company would not back off its position, and as such, a grievance was filed.

The grievance proceeded through the steps of the grievance procedure and an arbitration date was scheduled for November 28, 2013. However, just prior to arbitration the company agreed that on a go-forward basis employees would be allowed to use banked overtime when their regularly scheduled hours of work are reduced due to production requirements, to a maximum of 40 paid hours in a week.

wag

# OFF THE BEATEN PATH

violence,  
women  
and art

FEB 1-APR 20

PUBLIC OPENING **FREE**  
Fri, Jan 31, 7-10pm

INTERNATIONAL WOMEN'S DAY **FREE**  
Sat, Mar 8, 11am-5pm

Sponsored by the United Food and  
Commercial Workers Local 832

Organized by Art Works for Change, Inc.  
with generous support from the Oak  
Foundation, the Nathan Cummings Foundation.



Maimuna Feroze-Nana, *NO* (detail), 2006.



Donner Canadian  
Foundation | Fondation  
canadienne  
Donner

Winnipeg Free Press





ACCESS DENIED

# Union puts Dunn-Rite on Notice

**W**hen you hear the word *respect*, you think of being thoughtful and treating people properly. When you hear the word *dignity*, you think of treating people in a way that upholds their self-worth. Simple, right? We were all taught as children to treat people with courtesy.

Not so, there are people out in the world who do not treat others with respect and dignity, but you would hope that you wouldn't have to deal with them at work. The union wants to reiterate that every employee has the right to an environment that is free from any form of harassment, intimidation or bullying.

Last month the union filed several grievances against Dunn-Rite Foods and will continue to file grievances if matters are not rectified at the workplace. UFCW Local 832 represents almost 300 members at Dunn-Rite.

Recently, the union had been informed by members of alleged incidents of management bullying employees, members in Live Hang covered in chicken fecal matter and not given a change of smock and had to sit and eat

on their breaks with feces all over them. Employees in the Live Hang have also been complaining about sore backs because the setup in Live Hang in the new plant is too low. When the members filled out WCB green cards, management refused to accept them.

Then on January 16, when union rep Roberta Hoogervorst and health and safety resource representative Guy Sylvestre went to visit the plant and investigate the complaints, the company denied them access into the plant and stated that no managers would be available. The local filed more grievances.

Since the union reps were denied access, they were not able to communicate with its members but would like to let the members know that it is dealing with these matters.

Members at Dunn-Rite are encouraged to call their union representative, if they are subject to any form of harassment, intimidation or bullying. Roberta can be reached at 204-786-5055 or e-mail [roberta.hoogervorst@ufcw832.com](mailto:roberta.hoogervorst@ufcw832.com).

## Rally for Home Delivery



On Saturday, January 25 a rally to encourage the federal government to not eliminate home delivery was held at the Manitoba legislature. The sub-zero temperatures didn't keep supporters away as nearly 300 people rallied hoping Prime Minister Stephen Harper would rethink his decision to drastically alter home mail delivery.

To see more photos of the rally, download the Layar app and scan it for more photos.







## It's That Time Again!

Grace Hospital agreements expire soon.

**T**he collective agreements for the Grace Hospital, DSM Grace site and WRHA Pharmacy Program all expire March 31 of this year. The union will be scheduling a meeting with the membership in the near future to hear your ideas of what you would like to see changed and improved in your new contract. At that meeting the union negotiating committee will be announced and one of their first responsibilities is to make a list of proposals gathered

from the information you, the members, have provided.

UFCW is hoping to conduct a joint table for all three bargaining units at the Grace site, but the employers have not yet confirmed that. The other professional technical agreements with MAHCP and MGEU also expire at the same time, and the union will be communicating with those unions on a regular basis.

Due to the Regional Health Authority mergers, subsequent votes and a

delay in both the support and nurses bargaining, the union is anticipating difficulty in setting dates with the employers and the Labour Relations Secretariat. At press time, the union was working on Essential Services agreements, but did not have any bargaining dates scheduled. The union will notify its Grace Hospital members as soon as dates are set. In the meantime, look through your current agreement and make notes of your wish list.

## Healthcare Employee Benefit Plans

### COLA contributions start in April

**I**n the last round of bargaining with the WRHA, the union negotiated Cost of Living Adjustment (COLA) increases for members of the Health Care Employees' Pension Plan (HEPP). Two distinct funds were created—one for active members and one for past retirees.

Effective April 1, contributions to the COLA fund for active members and employers will be 0.8 per cent of pensionable earnings, with contributions increasing to one per cent effective April 1, 2015.

A COLA will be paid to retired Plan members from these COLA funds on an adhoc basis, and will only be granted if sufficient funds are available.

The union will continue to provide information as it becomes available.

## Academic Allowance Means More Cash!

**D**o your work at the Grace Hospital and have a masters degree, an advanced certification, bachelor of science or even a PHD? If so, did you know under Schedule B of your collective agreement you could be earning as much as an additional \$300 per month.

The extra amounts are pro-rated on an hourly basis but it is important that you ensure you are receiving the proper allowance.

If you have any questions regarding academic allowance or any other article in your agreement, call your union representative Ron Allard at 204-786-5055 or e-mail him at [ron.allard@ufcw832.com](mailto:ron.allard@ufcw832.com).



# Sometimes Loblaw Management is Wrong

Fair and reasonable treatment for all.

**S**ometimes we may question whether or not what a manager did or what a supervisor said was right. This is perfectly normal. Sometimes it is well within management's rights and sometimes it is completely **WRONG!** Rule of thumb is treat people like you want to be treated.

Lately, it appears that some of the management at Loblaw are forgetting this simple rule. Below are a few questions you should ask yourself.

- **IS IT OK** to allow some employees to pick and choose the shifts they want to work and not give the same opportunity to all the other employees in the department?
- **IS IT OK** to deny time off requests or vacation requests just for the sake of saying no?
- **IS IT OK** to not accommodate an employee simply because you don't want to or it is too difficult to give a good reason for failing to accommodate?
- **IS IT OK** to accommodate some employees without proper documentation and then tell others they cannot be accommodated without proper documentation?
- **IS IT OK** to pick on certain employees or constantly threaten discipline to employees?
- **IS IT OK** to violate the collective agreement?
- **IS IT OK** to meet with employees and tell them not to go to their union representative?

The list can go on and on, however, **there is only one answer to all of these questions—NO.**

In less than a year, UFCW Local 832 has filed over 50 grievances for these types of violations, against one location and one department. Many of these grievances are still outstanding, but some were resolved and settled in favour of the membership. Loblaw members can rest assured that the union will continue to address these issues as they arise in the stores and file more grievances if necessary.

The union and the company have met to discuss these matters and are working together to put an end to these violations.

No member should fear going to work, fear being at work or fear what will happen after they leave work. If you are having a problem with your manager, document the issue by using the 4Ws—**WHO, WHAT, WHERE, and WHEN.** If there are any witnesses make sure you name them in your report and make sure you call your union rep. A happy worker is a good worker; a good worker is a productive worker. One would think that being fair and reasonable and treating employees properly with consistency would lead to a much more successful workplace.

By standing together we can provide all members with the respect and dignity that each and every worker deserves.





## More Members= More Bargaining Power

**A**ll members, from the day they join the union, are entitled to utilize a wide range of money-saving discounts and special services. Your UFCW Local 832 membership card is the key to receiving substantial discounts and special offers from numerous merchants and service providers. Just show your membership card to receive these special discounts! It's important to make sure both you and the benefit provider understand the terms of the transaction beforehand. It is a good idea to call ahead to ensure that there are no misunderstandings on what discount/service you will be receiving.

### Autopac Write-offs

If Autopac says your vehicle is a write-off, call Brad Pallen at 204-284-5664. An insurance arbitrator for over 30 years, Brad will make sure you receive your car's actual cash value and give you free consultation as to what your options are. If arbitration is required, you pay only \$250 in arbitration costs—a savings of \$50.

### The Fairmont/The Velvet Glove

UFCW members receive special room rates at The Fairmont Winnipeg. For a 'Fairmont' room single/double occupancy pay only:

- \$175 Sunday - Saturday

To obtain these special rates call 204-957-1350 or 1-888-974-7666 and identify yourself as a UFCW member. At The Velvet Glove receive 10% off on all food and beverage. Some conditions apply.

### Natural Wellness Chiropractic Centre

Receive 30% off chiropractic care and wellness plans offered by

Dr. Robert Stitt, D.C. He is skilled at helping you with work-related injuries, headaches, neck and back pain and herniated discs. Call 204-783-1880 to book your assessment.

912 Portage Avenue.

### Wilder, Wilder & Langtry

Members can save big on legal services from Joe Wilder.

If you are looking for a lawyer to help you with wills, real estate, family law or immigration contact Joe at 204-947-1456. Make sure you let him know you are a UFCW Local 832 member to receive the special rate.

### Fort Richmond Transmissions

UFCW Local 832 members will receive 15% off any work before taxes. This includes transmission work, drive-line, brakes and suspension. For more information members can view their website at [www.frtransmissions.com](http://www.frtransmissions.com) or call them at 204-261-7095. Fort Richmond Transmissions is located at 3096 Pembina Highway.

### Sargent Blue Jeans

UFCW Local 832 members can now save 15% on safety boots and clothing at Sargent Jeans in Winnipeg.

Located at Address: 1136 Sargent Ave. Phone:(204) 772-8145



## Kang's Taekwondo Academy

Two-month Taekwondo memberships & uniform for one \$99.

Phone 204-947-0261. Locations:

- 435 Cumberland Street, Winnipeg
- Notre Dame De Parish, 1282A Dawson Road, Lorette

## Gerry Gordon's Mazda

UFCW Local 832 Members receive:

- Preferred pricing on new and used vehicles
- First two oil and filter changes FREE
- 15% off all parts and accessories

Contact Ernie Foort at 204-475-3982 for more information.

## Iron Fist

At Iron Fist receive 20% off a one-year membership. Also receive 25% off women's self-defence course. Phone 204-231-3633.

Locations:

- 1851 Portage Avenue
- 675 Archibald Street

## Eyewear

### Winnipeg

- Get 28% off any complete pair of regular-priced eye glasses and 5% off contact lenses. Eye-Deal Eyewear 399 Pembina Hwy, Winnipeg 204-975-2666.

### Brandon

- 20% off regular price on all prescription eyewear. Scotia Optical 204-727-3661 708-10th Street.
- At Eye Outfitters, receive 20% off complete pairs of prescription glasses and 10% off contact lenses. Located at 1100 Richmond Avenue, phone 204-725-0943.

## RRSP for Local 832 Members

The UFCW Local 832 RRSP offers members the choice of four investment options with better than average returns. To enrol in the RRSP program contact Laura Mellon at 204-926-8335.

## Greenwoods Dental Centres

Bring your family down for their next regular check up & cleaning and receive 1 free take-home whitening kit with whitening trays (\$200 value) for a member of your family.

- Offer applies to new patients only
- Two-person minimum booking per family
- One free whitening kit and trays per family per lifetime 693 McPhillips Street location only. Phone 204-774-7774.

## Polo Park Hearing Centre

Receive a 10% discount (to a maximum of \$150) on the purchase of any hearing aid. Phone 204-788-1083. Located in Polo Park Mall.

## Kurio Studio & Gallery

Enjoy a \$50 product credit with the booking of any portrait photography session including personal, family, couples, maternity and high school senior portrait sessions. Members also receive a 10% discount on all wedding photography services and they have completely customized packages to meet your needs and to suit all budgets. Kurio Studio also provides personal and heirloom custom book design services. Our professionally designed, book-store-quality custom books make for unique gifts and a fabulous way to preserve your life's most important moments. Members receive a 10% discount on all custom book design services. For more information visit [www.kuriostudio.blogspot.com](http://www.kuriostudio.blogspot.com) or phone Alix at 204-791-5734.

## CDT Production Group Inc.

At CDT Production Group receive 15% off: TV & film production, commercials, studio production, MC services, multi-media, event management, virtual business cards, and audio production. Plus receive 20% off all music packages and 5% off lighting packages. 204-338-3459 or e-mail [cdtgroup@shaw.ca](mailto:cdtgroup@shaw.ca)

## Bridgeview Bed & Breakfast

Begin your outdoor adventures at the Bridgeview Bed & Breakfast in Selkirk. Union members can enjoy a 5% discount during the snowmobile season. Call Louise at 204-482-7892 or [www.bridgeviewretreat.com](http://www.bridgeviewretreat.com).

## Visions Electronics

At Visions purchase TVs, VCRs, camcorders, as well as home, car and portable audio equipment from 5 to 10% over cost. To obtain the special UFCW price, ask for the store manager at the following locations:

### Winnipeg

- 1680 Pembina Highway
- 1130 St. James Street
- 1510 Regent Avenue

## PowerUp Computers

At PowerUp Computers save 10% off complete computer systems and 5% off hardware and software purchased separately. 1119 Corydon Avenue. Phone 204-453-0638 or e-mail [sales@powerup.ca](mailto:sales@powerup.ca).

**For a complete list of  
UFCW Local 832  
membership discounts check the  
union website at  
[www.ufcw832.com/discounts](http://www.ufcw832.com/discounts)**

# UFCW LOCAL 832 INCOME TAX SERVICE

Services begin February 10, except Brandon.

Brandon starts once Maple Leaf issues T4s.

# \$20\*

UFCW Local 832 member rate for a basic return with seven information slips or less.

\* Seven to 14 slips \$26, more than 14 slips will increase the fee slightly.

# \$40\*

Non-member rate for a basic return with seven information slips or less. \*Seven to 14 slips \$45.50, more than 14 slips will increase the fee slightly. \*Out-of-town non-member rate for up to seven slips is \$45.50, fees go up with more slips.

- 1 **Dauphin**—Members can mail pertinent information to Winnipeg Office.
- 2 **The Pas**—Members can go to Carol's Tax Service in Flin Flon or mail pertinent information to Winnipeg office.
- 3 **Neepawa**—February 23, March 2 and 16 at training centre or members can go to the Brandon office (call Brandon office to make appointment) or mail in pertinent information to the Winnipeg office.
- 4 **Thompson**—Members can go to either of the two locations listed or mail pertinent information to Winnipeg office.

## Income Tax Locations

### WINNIPEG

878 Portage Avenue  
Winnipeg, MB R3G 0P1  
(ground level Training  
Centre building)  
Phone 204-786-5037

### BRANDON

UFCW Office  
530 Richmond Avenue E.  
Phone 204-727-7131  
or 1-800-552-1193

### DAUPHIN<sup>1</sup>

Members can mail in pertinent  
information to Winnipeg Office

### FLIN FLON / THE PAS<sup>2</sup>

Carol's Tax Service  
Phone 204-687-3337

### RUSSELL

Merril's Tax  
Phone 204-773-2290

### STEINBACH

H&R Block  
Phone 204-326-3783

### THOMPSON<sup>4</sup>

Liberty Tax Service  
Phone 204-778-8416  
OR

Sya's Tax Service  
Phone 204-677-9730

NOTE: If mailing information to Winnipeg  
office, you must include payment.

### NEEPAWA<sup>3</sup>

(at UFCW Training  
Centre)  
Sunday, February 23  
Sunday, March 2  
and  
Sunday, March 16  
9 a.m. - 3 p.m.

### ST. MALO

(at RRWS)  
Sunday, March 9  
9 a.m. - 3 p.m.

### PORTAGE LA PRAIRIE

(at Canad Inn)  
Sunday, March 23  
9 a.m. - 4 p.m.

### GIMLI

(at Viking Inn)  
Sunday, March 30  
9 a.m. - 4 p.m.

To book  
your appointment  
for these  
four locations  
CALL the Winnipeg  
office at  
204-786-5037.

 **UFCW**  
your VOICE at work in Manitoba  
**LOCAL 832**