



# UNION

THE MEMBERSHIP MAGAZINE FOR UFCW LOCAL 832  
DECEMBER 2014



**GETTING  
READY  
FOR 2015**

# Why December 6 is Important to Me



**I**t was 1989, I was in grade 7, and I remember hearing in the news about, what the media referred to as the 'Montreal Massacre'. On December 6, a lone male gunman walked into École Polytechnique and shot 28 people.

The gunman began his attack by entering a classroom at the university, where he separated the male and female students. He shot all nine women in the room, killing six. He continued his rage against women through the hallways and other areas of the school, killing

more women before killing himself. By the end, he had killed 14 women and in addition had injured ten women and four men.

In 1991, the government commemorated the anniversary date of the massacre as the National Day of Remembrance and Action on Violence Against Women.

To be honest, when it happened I knew at the age of 12, it was a horrible event; but I really didn't comprehend the anger & senselessness behind the massacre until I got older and I began to fully understand the magnitude of this event and the motives behind this attack against women.

My fight against anti-feminist attacks and violence against women only got stronger when I started working for Local 832. UFCW, and the labour movement as a whole, have been strong, and continue to be, supporters of women's rights. Unfortunately, with the 25-year anniversary of the December 6 tragedy and some more current events, I am reminded that the fight for equality is not over. An example of this is the missing and murdered aboriginal women. For far too long, pleas for help concerning these women have gone unanswered. This issue is finally starting to receive the necessary attention it deserves.

It seems that we can't turn on the television, radio or read on the

internet, without hearing of another professional sports athlete, radio personality or actor being charged or accused of a violent act against a woman.

So how do we make this stop? Bringing an end to violence against women starts with all of us. We need to create a culture that does not blame the women, a society that does not ask a woman what she wore, was she drinking or what she did to make her abuser so angry at her in the first place. Instead, we need to continue to fight for action on violence against women. We need to encourage women to come forward and report abuse. We need to let them know that they are not to blame and they did nothing wrong.

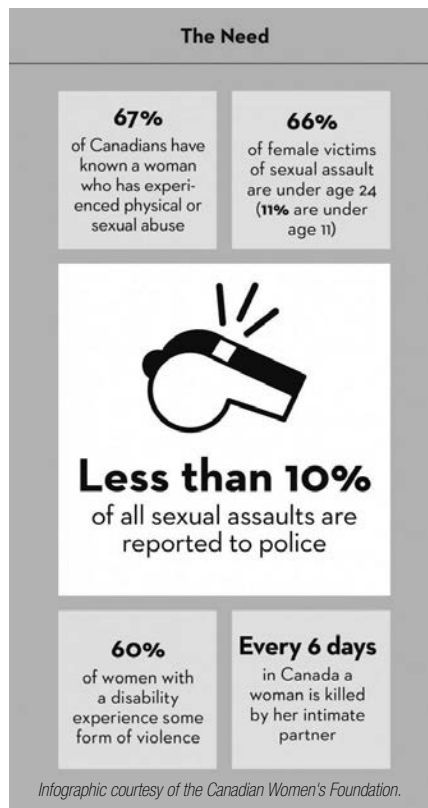
By all of us working together we can make a difference and stop violence against women.

In solidarity,

A handwritten signature in blue ink, appearing to read 'Marie Buchan'.

Marie Buchan

Executive Assistant to President



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**On the cover:** NDP Leader Tom Mulcair speaks at the UFCW Canada Political Action Conference.

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# OPENING OUR EYES TO DIVERSITY

**O**n November 20, President Jeff Traeger kicked-off the annual policy conference with the achievements the Local has accomplished over the last year and highlighted challenges the Local faces in 2015.

While the Maple Leaf agreement in Brandon will have a ratification vote in early December, major negotiations in 2015 include HyLife in Neepawa and Maple Leaf in Winnipeg. Secretary-Treasurer Beatrice Bruske presented the budget to the end of September and presented what the 2015 budget is going to look like. The advisory board that attends the policy conference is the executive board along with members from various workplaces around the province. Secretary-Treasurer Bruske reviewed the 2015 budget with the group and discussed some of the upcoming challenges the local faces.

Dr. Leeno Karumanchery of Diversity Solutions gave a presentation on how we stereotype gender and cultural groups and how some questions, may seem innocent, but could possibly be a negative trigger to those being asked. He said being a bit more mindful in our day to day life will help



make people feel included in society.

Shahina Siddiqui, the president and executive director of the Islamic Social Services Association in Winnipeg, gave a very honest and open look about Islam. She encouraged members to ask questions and to help dispel many myths that are created in how Islam is portrayed in the media.

Diwa Marcelino, the program coordinator for Migrante Manitoba, talked about the Filipino people coming to Canada. He talked about how large of

a demographic they are—not only in Manitoba but also across the country. Diwa also shared the lack of resources temporary foreign workers receive when they come to Canada because the Conservative federal government will not support organizations to assist them. Diwa acknowledged the work UFCW has done for temporary foreign workers in lobbying government and the resources available to foreign workers when they become members of the union.





# UFCW Participates in ChildCare 2020 Conference

The ChildCare 2020 Conference was held in Winnipeg on November 13 to 15. This was only the fourth national conference of this type held and over 500 participants from across Canada attended, including several delegates from all over UFCW Canada. Some of the goals of the conference included:

- Renew action on early learning and childcare.
- Develop an inclusive vision of early childhood education and care for the needs of today's families.
- Generate new ideas and strategies to put childcare back on the political agenda.
- Engage a new generation of advocates who will deliver a strong message to governments that we need access to universal and affordable quality early learning and child care programs.

The NDP has been fighting for universal child care for over 30 years, but under the Conservative and Liberal governments there has been no movement towards this.

NDP Leader Thomas Mulcair addressed the attendees at the conference and pledged to create Canada's first universal daycare system that would offer parents \$15-a-day child care and one million new spaces. Premier Greg Selinger delivered the opening address and received a standing ovation when he outlined the work the NDP government has done with child care in Manitoba.

Union Rep Roberta Hoogervorst attended the session on *How Will Government Pay for a Child Care System*. "After listening to the speakers who were armed with research and economic reports to support their claims

it was blatantly obvious that there is more than enough government funding to pay for universal child care. It is a question of political priorities. The economic benefit to the government of a universal child care program is too great to ignore. A national child care system, that delivers quality, affordable early education and care is possible and must be a top priority in the next federal election", stated Roberta. The conference participants touched on the issues of adequately financed public services, taxation and public spending, for example tax deductions and other government expenditures.

Representative Sharon Grehan chose *How Will Children with Disabilities and Their Families Be Supported in Inclusive High Quality Child Care Settings*. The main focus of this plenary was the importance of inclusion of children with disabilities. In order for these children to be included there has to be the proper space, trained staff, funding, and equipment in place. Some of the roadblocks parents face are long wait lists and insufficient funding. As well, the low wages and lack of benefits make it hard to retain and attract the needed staff.

"This workshop was amazing, but I found that the advocates for children with disabilities still have a lot of work ahead of them and their voices need to be heard," said Grehan.

UFCW will also continue with its work in raising awareness for the need of a high-quality child care system in Canada.



# Activists mobilize to build strength at UFCW Political Action Conference



**U**FCW Canada activists and allies from across the country recently gathered in Ottawa to participate in the union's National Political Action Conference. The three-day conference involved members, officers, and staff from UFCW Canada Local Unions, including Local 832, and the National Office, as well as a host of prominent guest speakers.

The conference served to build on UFCW Canada's political action efforts in the lead up to next year's federal election, with the goal of preparing Local Unions and engaging UFCW Canada members as we work to elect a worker friendly government in

2015. Delegates to the conference received useful advice from Rick Smith, the Executive Director of the Broadbent Institute; Anne McGrath, the National Director of Canada's NDP; Kathleen Monk, a feature panelist on CBC's Power & Politics; and Jeremy Bird, the National Field Director for President Barack Obama's re-election campaign. Sounding a lot like Canada's next Prime Minister, the Leader of the Official Opposition, Tom Mulcair, spoke about the Harper government's unprecedented attack on workers and their unions, and discussed what an NDP government would do to help working families who are currently struggling to get by. Activists then heard from

UFCW Canada's Political Action Department staff, who discussed our union's work to reform the Unfair Elections Act, as well as other initiatives.

"As trade unionists we know that politics is not static, and next year we have a historic opportunity to positively change the political direction of our country," said UFCW Canada National President Paul Meinema, who welcomed participants to the conference. "So our union will be using the knowledge, tools, and strategies developed at this Conference to make history in 2015 by electing a government that truly represents workers," Brother Meinema added.

# General Mills Negotiations Continue in the New Year

## Monetary Issues Remain Outstanding.



**R**eported in the November issue of UNION, negotiations for the renewal of a new collective agreement for members working at General Mills resumed in October.

The negotiating committees met again during the week of November 3, and the parties did resolve most of the non-monetary issues. However, numerous critical monetary proposals still remain outstanding.

Further bargaining dates are scheduled for January 12 to 16, 2015, and the union committee—Marie

Buchan, Paul Dutra, Rosemarie Fleury and Mike Moyny—will be dealing with these critical issues at that time.

Executive assistant to the President and union negotiator Marie Buchan said, "The union committee is working very hard to protect the current language and benefits that our members presently have, as well as negotiate fair improvements in the new deal."

UFCW Local 832 represents approximately 90 employees at the General Mills plant in Winnipeg.



## Maple Leaf Brandon Member Brings Home Silver

**S**tephen Campbell has been working in the cafeteria at Maple Leaf plant in Brandon since 2007. He is 27 years old.

For the past several years Stephen has participated in the Special Olympics. He plays on the Manitoba baseball team and this past summer the team travelled to Vancouver for the Nationals. Prior to travelling to Nationals, Stephen and the team trained all year long.

Congratulations to Stephen and the team for winning the silver medal in the B division.







# Around the Table

What's going on in negotiations.

*Faroex Union Negotiating Committee—missing from picture is Jeff Lukasik*

## Faroex

Negotiations are set to begin this month for Faroex members. The union negotiating committee comprised of Evie Kmet, Jeanne Murray, Jeff Lukasik and lead negotiator Marie Buchan will begin the bargaining process with Faroex on December 17. Talks will continue on December 18, with additional dates set in January 2015.

UFCW Local 832 members working at the Faroex Gimli plant help in the manufacturing of fiberglass reinforced plastics.

The union will inform the members of any progress made after the December meetings.

## Gate Gourmet

Last month, the union and the company negotiating committees reached a tentative collective agreement for the members working at Gate Gourmet (formerly Cara Flight Kitchen).

The Local has scheduled a ratification meeting for December 3, at which time the negotiating committee will review the details of the settlement with the members prior to taking a vote. The union will be recommending acceptance of the new three-year deal.

UFCW Local 832 represents approximately 30 employees who work at Gate Gourmet.

## Grace Hospital

Talks for a new collective agreement for union members working for Grace Hospital, DSM and the Pharmacy Program are continuing this month.

The negotiating committees met in October and the parties were able to resolve a substantial number of non-monetary proposals. The union anticipates finishing off the non-monetary portion of negotiations during bargaining this month and will start dealing with the monetary proposals in the New Year.

As previously reported since all three agreements are relatively similar, all of the committees are negotiating at a common bargaining table.

## Securitas

The union negotiating committee—lead negotiator Martin Trudel, Robert Knowles and Bruce Peresky—will begin bargaining with Securitas Canada this month. The parties have four days of talks scheduled, December 15, 16, 17 and 18.

On the first day of negotiations, the negotiating committees will exchange proposals. The union is proposing improvements to wages and benefits as well as changes to some contract language. The union will provide the members an update after the December 18 meeting.



# Dunn-Rite Members Being **DONE WRONG**



**R**ecently, the union received numerous complaints from members working at Dunn-Rite Foods about mistreatment from a lead hand.

Amongst other things, members said that they feel the lead hand is constantly yelling and swearing at them for no reason. They further claimed that the lead hand is not allowing them to take bathroom breaks nor allowing them sufficient time to sharpen their knives, which makes their physically demanding job even more difficult.

Some of the members even mentioned that their bodies are being pushed to the limit because of fast line speeds.

The behaviour by the lead hand is totally unacceptable and the union immediately filed a grievance.

But to make matters worse, when the union rep Ron Allard met with the company to discuss the grievance, management treated him in a rude and demeaning manner. In fact, management demanded he leave the building without even trying to deal with or respond to the concerns brought forward.

In the union's opinion, the tactics by Dunn-Rite management, to not deal with this serious matter, are unacceptable and bordering on harassment. Ron met with the Local's legal

counsel, who will arbitrate the matter to force the company to cease and desist this intolerable behaviour towards the members working at Dunn-Rite.

Any member working at Dunn-Rite, who believes the company has treated them wrongly, should contact Ron to report the incident. His contact information is 204-786-5055 or 1-888-832-9832 or e-mail [ron.allard@ufcw832.com](mailto:ron.allard@ufcw832.com). **The union can only do something to rectify the matter if we know about it!**

UFCW will continue to monitor the situation and keep its members updated as the matter proceeds through the grievance and arbitration procedure.



## Trip Scheduled for February 16, 2015

**I**t was a simply irresistible trip last year; in fact, it was a full bus. The Retirees' Club is once again hosting a trip to South Beach Casino & Resort on Monday, February 16, 2015.

Are you looking for a day out in the middle of winter? Are you feeling lucky? If so, call either Lila (204-837-3554), Armand (204-832-1211) or Joan (204-422-6670)

## RETIREE NEWS

to register. You can also e-mail your registration to Joan at sadudaj@mymts.net. The cost is \$25 per person and it includes South Beach's famous buffet. Remember, your registration is not complete until your cheque, made out to the UFCW Retirees' Club, is received at the union office. You can mail your cheque **by no later than January 23, 2015**, to the attention of Melissa at 1412 Portage Avenue, Winnipeg, MB, R3G 0V5.

The bus will depart from the Safeway store on McPhillips at Jefferson at 9:15 a.m. sharp. You can start loading the bus at 9 a.m. The bus will leave the casino at 3:30 p.m. and it should arrive back at the store at around 4:30 p.m. Note that parking is available on the north side of the parking lot, away from the store.

The bus will fill up fast, so don't delay and call to register today!

**DON'T FORGET TO SEND IN YOUR 2015 MEMBERSHIP DUES**

## A Year of Fun!

Being a Member Has It's Rewards.



*Season's Greetings and a Happy New Year from the Retirees' Club Executive Board and Members.*



## GRIEVANCE NEWS



**Garry Bergeron**  
Legal Counsel

**Debra Malmquist**  
Legal Counsel

# A Win For McCain Members

**I**n September, nine UFCW Local 832 union members, employed at the McCain Foods Carberry plant worked on Sunday, September 7, and did not receive any overtime pay on their paycheque for that week.

When the employees questioned the company about their pay, management said they were not entitled to overtime pay as they had not worked on the preceding Monday, September 1, which was Labour Day. Therefore, it was the company's position that the Monday hours, as they were not actually worked, were not to be counted for the purposes of overtime. As a result, the employees, even if you counted the Sunday hours, did not work more than 40 hours that week, thus no weekly overtime.

The union disagreed. It pointed out that under *Employment Standards* it clearly states that wages paid for a **statutory holiday are considered hours worked for the purposes of overtime** and must be included when calculating employees' hours of work.

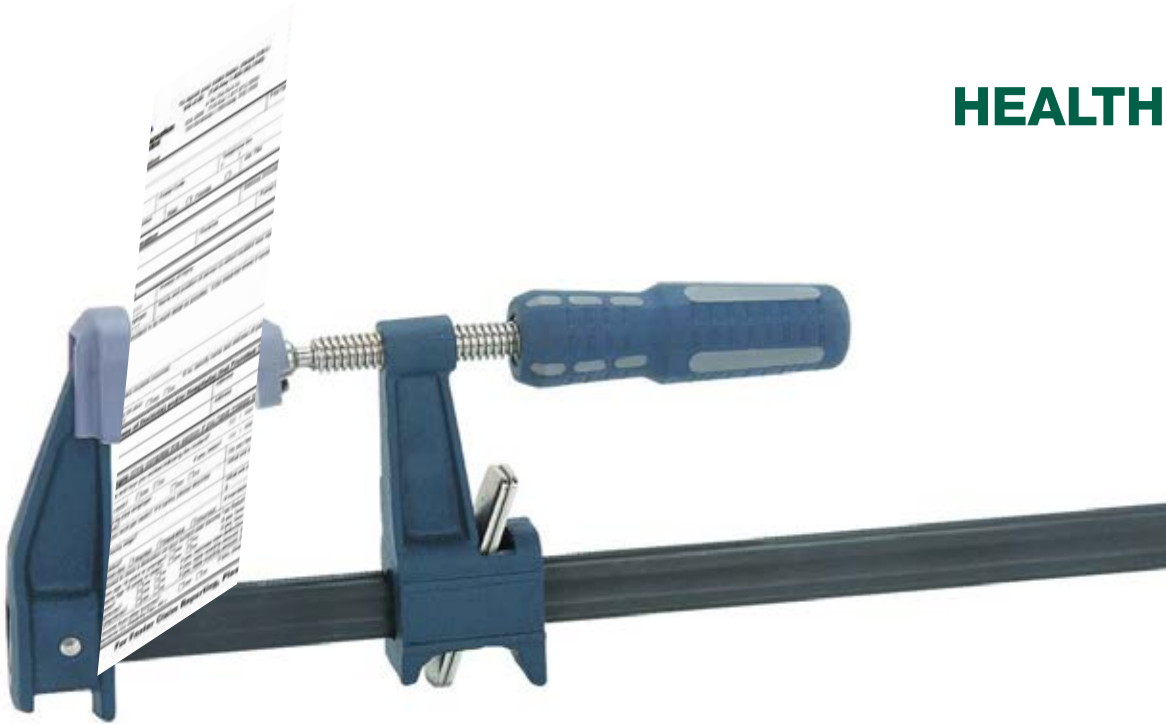
McCain maintained its position and quoted section 9.06 of the collective agreement; "Pay for hours

not worked on a holiday shall not count as hours of work for purposes of overtime in that holiday week." Since a resolution was not reached, the union filed a grievance.

After further discussions between the parties, the company agreed to pay the overtime hours owed to the nine workers affected.

Under Manitoba law, *Employment Standards* trumps any collective agreement if the collective agreement does not meet the minimums set out in *The Code*. This was the case in this instance. As *The Code* states that wages paid for a stat holiday are to be considered hours worked for the purposes of **overtime** and must be included when calculating employees' hours of work, this language took precedence over the language in the McCain's collective agreement as it did not meet this minimum requirement.

The union is always looking out for the best interest of its members and had it not filed a grievance on the matter, the company may have stuck to their initial position and not paid the members what they were entitled to receive.



**Phil Kraychuk**  
Health & Safety  
Director

# Manitoba Government **CLAMPS DOWN** on ClaimsSuppressions

**R**ecently the Manitoba government proclaimed amendments to *The Workers Compensation Act*. In particular, the government put forward a Bill to help build on the recent five-year plan for workplace injury and illness prevention.

Bill 65 establishes a prevention committee as part of the Workers Compensation Board (WCB) to oversee and provide guidance to the new workplace prevention initiative (SAFE Work Manitoba). The Bill also discourages employers from preventing or trying to prevent a worker from applying for WCB, threatening or discriminating against an employee for exercising his or her right to file a claim. As well, the Bill requires an employer, who takes discriminatory action against an employee, who has filed a WCB claim, to prove the action was unrelated to the employee making a claim. These are just a few of the amendments—if you would like to read the Bill in its entirety you can visit <https://web2.gov.mb.ca/bills/40-3/b065e.php>.

This is a great step forward in what has been a long-hard and continued battle for working Manitobans. These amendments, however, will only prove to be successful if WCB is committed to enforcing them when employers have proven time in, time out to abuse the system. **Stiffer penalties for claim suppression mean nothing**

**if the penalties are not administered.** Employers will continue to suppress claims for their own financial gains. WCB and its new compliance unit have demonstrated a commitment to dealing with the epidemic of claim suppression.

Along with the newly proclaimed bill, WCB has undertaken to review the current rate model, as there is no direct encouragement for prevention. The new compliance unit at WCB recognized there are loop holes that allow employers to gain financially when quashing claims. To date in Manitoba, the government has never handed an employer a penalty for claim suppression.

The recently-made compliance unit has been very active with labour and its commitment to addressing this problem has been positive. With these positive gains and the recent reviews of the WCB systems, the union hopes that the future will be much brighter for members and that employees in difficult workplaces will finally get the freedom to file a WCB claim without fear.

If your employer is interfering with the filing of WCB claims contact the WCB Compliance tip line at 204-888-8081, toll-free 1-844-888-8041 or e-mail [compliance@wcb.mb.ca](mailto:compliance@wcb.mb.ca). Members can also speak to their union rep or Local 832 health and safety director Phil Kraychuk at 204-786-5055 or toll-free 1-888-832-9832.



# Granny's Fined Over \$31,000

**T**he union and management from Granny's Poultry have had many, many meetings about workplace health and safety and its treatment of its employees. Unfortunately, warnings from the union have been ignored and finally the government has stepped in once again.

As some may recall, in 2012, after three years of struggling with the company to deal with the respiratory concerns in the turkey evisceration department, the Department of Labour issued Granny's an improvement order. Even after the government issued the order, Granny's tried to fight the improvement order and dragged out making the necessary changes in the turkey evisceration department.

In October 2014, Manitoba Workplace Safety and Health charged Granny's under The Act. The charges stemmed from an incident that happened at the workplace. Specifically Granny's was charged with failing to develop and implement safe work procedures and failing to provide a worker with appropriate information, instruction, and training. Granny's disregard for workplace safety and health cost them \$31,300 in fines and surcharges.

UFCW continues to ensure that Granny's is abiding by the collective agreement and encourages its members to contact their union rep Ron Allard with any issues or concerns. Ron can be reached at 204-786-5055, 1-888-832-9832 or via e-mail at [ron.allard@ufcw832.com](mailto:ron.allard@ufcw832.com).

## Newest Shop Stewards Assisting Members

Last Name	First Name	Employer	Last Name	First Name	Employer
Culala	Arvin	Compass Group	Corden	Kyle	Loblaw
Francisco	Rebecca	Compass Group	Dunham	Pamela	Loblaw
Bilenduke	Toni	DSM (Grace Hospital)	Feng	Ai Jun	Maple Leaf Brandon
Arnold	Jennifer	FASD Life's Journey—Office	Fernandez	Tania	Maple Leaf Brandon
Jessup	Robert	FASD Life's Journey—Office	Liu	Jiang Tao (Label)	Maple Leaf Brandon
Krysowaty	Jamie	FASD Life's Journey—Office	Lopez	Jose	Maple Leaf Brandon
Maxwell	Kathy	FASD Life's Journey—Office	Redwood	Angelica	Maple Leaf Brandon
Kerton	William	Garda Security	Zavala Acosta	Jose	Maple Leaf Brandon
Balanon	Alvin	Granny's Poultry	Abbott	Justin	Securitas
Krahn	Kevin	Granny's Poultry	McPhee	Wanda	Shoppers Drug Mart
Nicolas	Imeldan	Granny's Poultry	Ewacha	Danielle	Sobeys West
Cruz	Joselito	HyLife Foods/Freezerco	Girardeau	Nancy	Sobeys West
Nayve	Arnold	HyLife Foods/Freezerco	Malmas	Dorothy	Sobeys West
Drury	Rochelle	IKWE	Asham	Kenneth	Sysco Food Services
Boyle	David	Loblaw	Moss	Darin	Visions of Independence

**Above are the most recent additions to the list of people who volunteer their time to work as a shop steward to assist UFCW Local 832 members at their workplace.**

**Shop stewards are a vital part of the organization and without them the Local would not be nearly as active or successful.**

**Stewards are the eyes and ears for the union.**

**For anyone wishing to become a shop steward, talk to your union representative. Training is provided.**



## **Eyewear**

### **Winnipeg**

- Get 28% off any complete pair of regular-priced eye glasses and 5% off contact lenses. Eye-Deal Eyewear  
399 Pembina Hwy, Winnipeg  
204-975-2666.

### **Brandon**

- 20% off regular price on all prescription eyewear. Scotia Optical 204-727-3661 708-10th Street.
- At Eye Outfitters, receive 20% off complete pairs of prescription glasses and 10% off contact lenses. Located at 1100 Richmond Avenue, phone 204-725-0943.

## **RRSP for Local 832 Members**

The UFCW Local 832 RRSP offers members the choice of four investment options with better-than-average returns. To enrol in the RRSP program, contact Laura Mellon at 204-926-8335.

## **Bridgeview Bed & Breakfast**

Begin your outdoor adventures at the Bridgeview Bed & Breakfast in Selkirk. Union members can enjoy a 5% discount during the snowmobile season. Call Louise at 204-482-7892 or [www.bridgeviewretreat.com](http://www.bridgeviewretreat.com).

## **Greenwoods Dental Centres**

Bring your family down for their next regular check-up and cleaning and receive one free take-home whitening kit with whitening trays (\$200 value) for a member of your family.

- Offer applies to new patients only
  - Two-person minimum booking per family
  - One free whitening kit and trays per family per lifetime
- 693 McPhillips Street location only. Phone 204-774-7774.

## **Polo Park Hearing Centre**

Receive a 10% discount (to a maximum of \$150) on the purchase of any hearing aid. Phone 204-788-1083.  
Located in Polo Park Mall.

## **Wilder, Wilder & Langtry**

Members can save big on legal services from Joe Wilder. If you are looking for a lawyer to help you with wills, real estate, family law or immigration, contact Joe at 204-947-1456. Make sure you let him know you are a UFCW Local 832 member to receive the special rate.

**For a complete list of UFCW Local 832 membership discounts check the union website at**  
**[www.ufcw832.com/discounts](http://www.ufcw832.com/discounts)**



## Kurio Studio & Gallery

Enjoy a \$50 product credit with the booking of any portrait photography session including personal, family, couples, maternity and high school senior portrait sessions. Members also receive a 10% discount on all wedding photography services and they have completely customized packages to meet your needs and to suit all budgets. Kurio Studio also provides personal and heirloom custom book design

services. Our professionally designed, bookstore-quality custom books make for unique gifts and a fabulous way to preserve your life's most important moments. Members receive a 10% discount on all custom book design services. For more information, visit [www.kuriostudio.blogspot.com](http://www.kuriostudio.blogspot.com) or phone Alix at 204-791-5734.

## Autopac Write-offs

If Autopac says your vehicle is a write-off, call Brad Pallen at 204-284-5664. An insurance arbitrator for over 30 years, Brad will make sure you receive your car's actual cash value and give you a free consultation as to what your options are. If arbitration is required, you pay only \$300 in arbitration costs—a savings of \$100.

## The Fairmont/The Velvet Glove

UFCW members receive special room rates at The Fairmont Winnipeg. You pay only for room single/double occupancy:

- \$175 Sunday - Thursday
- \$145 Friday/Saturday

To obtain these special rates, call 204-957-1350 or 1-888-974-7666 and identify yourself as a UFCW member.

At The Velvet Glove receive 10% off on all food and beverage. Some conditions apply.

## Fort Richmond Transmissions

UFCW Local 832 members will receive 15% off any work before taxes. This includes transmission work, drive-line, brakes and suspension. For more information members can view their website at [www.frtransmissions.com](http://www.frtransmissions.com) or call them at 204-261-7095. Fort Richmond Transmissions is located at 3096 Pembina Highway.

## Kang's Taekwondo Academy

Two-month Taekwondo memberships and uniform for only \$99. Phone 204-947-0261. Locations:

- 435 Cumberland Street, Winnipeg
- Notre Dame De Parish, 1282A Dawson Road, Lorette

## Iron Fist

At Iron Fist, receive 20% off a one-year membership. Also receive 25% off women's self-defence course.

Phone 204-231-3633. Locations:

- 1851 Portage Avenue
- 675 Archibald Street

## General Paint

Members receive 40% off all General Paint manufactured product, 20% off on special order wall coverings and 20 to 30% off non-General Paint manufactured products and supplies.

Brandon:

1124 18th Street 204-727-0295

Winnipeg:

- 1045 St. James Street 204-982-6300
- 1094 Nairn Avenue 204-982-6330
- 1-140 Meadowood Drive 204-982-6320

# Anytime Fitness Commits to Union Members

## The Club for Busy People!!

**A**nytime Fitness is the latest company to come on board to offer savings to UFCW members. Anytime Fitness is offering union members and their families a 15% discount on a 6 or 12 month membership. There are three Winnipeg locations and one in Brandon:

2361 Ness Avenue

980 Lorimer Boulevard

300 - 2415 Main Street

3000 Victoria Avenue - Brandon

Anytime Fitness offers:

- 24-hour key card access
- 24/7 free virtual training
- Activity and diet tracking apps
- Personal and group training programs
- Free weights
- And much more.

This is the club for busy people—check it out and stop by one of the locations to sign up.



# GET IN SHAPE IN 2015

**MEMBERS SAVE BIG ON MEMBERSHIP DISCOUNTS**

**Passes are effective January 15, 2015,  
and are available in either a 6-month  
or a 1-year plan.**

**You can choose between:  
6-month facility pass \$165  
12-month facility pass \$308**

**6-month combo pass \$222  
12-month combo pass \$433**

**A Facility Pass allows you to use weight rooms,  
track, pool and sauna.**

**A Combo Pass allows you to use the weight  
rooms, track, pool, sauna, and selected fitness  
classes at no additional charge.**

**Passes are valid at any City of Winnipeg Pool, Fort  
Rouge Leisure Centre, Freight House Gym or Peguis  
Trail Health and Fitness Centre.**

**To Order Your Pass:  
download form at  
[www.ufcw832.com/recpass](http://www.ufcw832.com/recpass)  
or stop by the union office.**

**Send form and cheque made out to  
UFCW Local 832 by December 19, 2014.**

**Passes will be available for pick up  
at any City of Winnipeg recreation  
facility on January 15, 2014.**

**Limit two passes per member.  
No refunds or exchanges.  
Please try before you buy.**

**All forms can be mailed or  
dropped off with payment to:  
UFCW Local 832  
1412 Portage Avenue  
R3G 0V5**

**Publications Mail Agreement # 40070082**

Please return undeliverable Canadian addresses to:

UFCW Local 832  
1412 Portage Ave.  
Winnipeg, MB R3G 0V5