



WINNIPEG'S FIRST TWO-SPIRIT POWWOW



UNION

THE UFCW LOCAL 832 MEMBERSHIP MAGAZINE

SUMMER 2017

IMPORTANT LOCAL NOMINATION/ELECTION INFORMATION INSIDE



A Message from our President

Jeff Traeger

TAKE PRIDE IN OUR DIVERSITY

Each year in my column, I stress the importance of recognizing the incredible diversity of our union and its members, and this year is no different. I wholeheartedly believe that we have to constantly work at becoming even more inclusive than we already are and I believe that for a few reasons.

The first reason is that our membership is a widely diverse group of people from many different countries and backgrounds. One of the common threads we all share is that we are all looking for equity.

Local 832 members are young and old, men and women, urban and rural, able and disabled, straight and, lesbian, gay, bisexual, trans-identified, two-spirit and queer (LGBTQ*). We celebrate a variety of cultures and religions and often have differing political views. Yet despite those differences, we are all working Canadians who have a home in a union that believes everybody should be included.

As part of celebrating that diversity, UFCW Local 832 sponsors numerous social justice initiatives and like-minded community organizations such as the Canadian Museum for Human Rights, Safe Workers of Tomorrow, International Women's Network, Habitat for Humanity and the United Way, to name a few. Most recently, we joined with UFCW Canada and the rest of the country to help support the residents of Quebec and parts of Ontario where so many have lost their homes in the tragic flooding this spring. Each of us is a citizen of our community and our country and I believe it's important to support our fellow citizens in their search for equality, social justice and equity.

Personally, I have always wanted to be accepted for who I am and to do what makes me happy and what drives me. I have always respected that same right for others. When I walked in Pride Winnipeg this year, I knew I would see many of our members from the LGBTQ community and I want them to know that they were not walking alone and that their union is with them.

Some may say that Local 832 has it wrong and our only business is to file grievances, negotiate contracts and conduct arbitrations, but I would have to respectfully disagree. We do have to do all those things, but we also have to be good stewards of our community and seek equality, equity and justice every step of the way.

For me, it's all connected. We, as a community and as a union, are stronger not only for the difference we can make in a workers daily life but also for the gains we can help make toward a more inclusive and welcoming society.

I look forward to building that culture of acceptance with you in the future.

A handwritten signature in blue ink, appearing to read 'Jeff Traeger'. The signature is fluid and stylized, with a long horizontal line extending from the end.

Jeff Traeger

President
UFCW Local 832

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Pride Winnipeg celebrated it's first ever Two-Spirit powwow



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PRIDE WINNIPEG KICKS OFF WITH FIRST EVER TWO-SPIRIT POWWOW



Several members of the UFCW Local 832 staff were fortunate enough to attend the first ever Two-spirit powwow in Winnipeg, held at The Forks. The powwow was a new addition to Pride Winnipeg and one of many new changes as part of this year's Resurgence theme. Pride Winnipeg has refocused their efforts this year to ensure that all members of the Lesbian, Gay, Bisexual, Trans-identified, Two-Spirit and Queer (LGBTBQ*) community are included.

"Two-spirited" refers to a person who has both a masculine and a feminine spirit, and is used by some First Nations people to describe their sexual, gender and/or spiritual identity.



EDUCATING FOR EQUITY

Your union continually educates its staff, so we can better service ALL of our members and help make our work locations better and safer spaces for everyone. Over the past year UFCW Local 832 brought in educators to train staff on Mental Awareness, Psychological Harassment in the Workplace, Diversity, as well as welcomed a presentation from Queer People of Colour Winnipeg (QPOC),

Intersectionality is the interconnected nature of social categorizations such as race, class, and gender as they apply to a given individual or group, regarded as creating overlapping and interdependent systems of discrimination or disadvantage.



Uzoma Chioma and CJ Matombe from Queer People of Colour (QPOC) Winnipeg, with Servicing Director Sandy Forcier and Relief Rep Michelle McHale.

SHAPING THE FUTURE OF LABOUR RELATIONS



Sandy Forcier
Servicing

Every year, UFCW Local 832 connects with Labour Studies students from different universities and academic institutions throughout Manitoba. Our Local takes great pride in associating with and helping shape our future workers, who will carry on supporting labour and focus on improving the working environment for all Manitobans.

By participating in this curriculum, it gives the Local an opportunity to share with the Labour Studies students the history of Local 832 and labour laws. We talk about the day-to-day involvements of a union representative, what is involved in filing a grievance, the negotiations process, how politics affect labour, as well as other topics related to labour relations and unions.

I was privileged enough to be one of the union staff involved this year. I was interviewed by four different

groups of students from Winnipeg, Steinbach and Winkler. When meeting with the Winkler students, I invited Westman union representative Brenda Brown (who services the members at the Winkler Superstore) and relief union representative Claudia Colocho to join me. We received many great questions from the students and I could tell we were making an impact, as with each answer it generated more questions. We had a great time with the students and their instructor.

In the end, I believe we did gain some prospective union activists or, at the very least, left our future labour relations professionals with a positive outlook on unions and how they operate, not only for union members but all working people. I am already looking forward to next year's students and being part of this activity. It helps create a better tomorrow for labour and society as a whole.



WE ARE THE FRONTLINE.ca

Since the PC government announced that they are closing the emergency rooms at Concordia, Victoria and Seven Oaks, and there has been talk around program changes, many questions and concerns have come up regarding bumping and mobility within facilities.

The PC government is also pushing forward with Bill 29, which will significantly reduce the number of collective bargaining agreements (CBA) in the health care industry.

If there is a department closure or program change before Bill 29 takes effect, there is language outlined in your CBA:

If you work at St. Boniface Hospital,

Refer to the Letter of Understanding #3

If you work at WRHA Laundry,

Refer to the Letter of Understanding #1

If you work at Grace Hospital

Refer to Memorandum of Understanding #3

If you work at NRHA,

Refer to the Memorandum of Intent #2

If you work at Diagnostic Services Manitoba at Grace Hospital,

Refer to the Memorandum of Understanding #3

If you work at Diagnostic Services Manitoba at St. Boniface Hospital,

Refer to the Memorandum of Understanding #3

If you work at Grace Hospital in the Pharmacy,

Refer to Memorandum of Understanding #4

You can find your agreement at www.ufcw832.com/cba

If there is a department closure or program change AFTER the amalgamation votes, we may not be your representing union and you will refer to the winning CBA's language.

DO YOU HAVE QUESTIONS ABOUT THE CHANGES IN HEALTH CARE?

**I will do my best
to answer them.
Please contact me.**



Michelle McHale

Phone: 1-888-557-7008

Email: wearethefrontline@ufcw832.com

Online: www.wearethefrontline.ca

ANOTHER RED TAPE NIGHTMARE, PC GOVERNMENT REVIEWING HEALTH & SAFETY ACT



Phil Kraychuk
Health & Safety

In the last issue of UNION, I wrote about an upcoming review of *The Workers Compensation Act*. I will now address the upcoming review of *The Workplace Safety and Health Act* (WSHA). However, I do want to point out one difference. The WSHA is opened for review every five years, unlike *The Workers Compensation Act*, which was last opened for review nearly 12 years ago.

A similarity is our **concern with the current government's agenda!** Last week Minister Cullen announced the review and opened up the stakeholder consultation period. What this means is that private citizens, unions, businesses and other groups have the opportunity to submit recommendations to the Act. The open period to submit recommendations runs from now until July 31, 2017.



In their May 5 media release, the minister outlined the following three points:

- ensuring existing requirements are adequate, clear and reasonable;
- reducing red tape and barriers to economic growth while ensuring necessary protections for the safety and health of workers; and

- identifying opportunities to improve harmonization of legislation with other jurisdictions.

As you see, the minister put little to no emphasis on workplace safety and health.

We believe this particular review will be challenging, as this will be the first time in 15 years that the WSHA will be reviewed under a labour-unfriendly government. Given the PC government's history and recent Bills attacking workers and organized labour, it looks like we are in for quite a fight.

The reason we have a WSHA is to protect workers and keep them safe, not to reduce red tape barriers to ensure economic growth. The PC's lack of focus on the actual issue, which is workplace safety and health, is deeply concerning.

Not only has your union been working with the Manitoba Federation of Labour and other unions on this review, we are also in the process of preparing a submission. Before we finalize our submission, as your safety and health coordinator I am reaching out to all of you to ask if you have any suggestions or recommendations for us to include. As a Local 832 union member, you understand the work you do better than anyone else and you know the day-to-day operations of your workplace. It is important for us to include your safety and health concerns.

Members can send their recommendations via email at phil.kraychuk@ufcw832.com. If you wish to submit your own recommendations on the WSHA review, send them directly to WSHActReview@gov.mb.ca.

THE IMPORTANCE OF LABOUR COUNCILS

A labour council is an association of unions in a given area, formed to co-ordinate trade union activity in a geographical area, whether at the district, city, region or provincial level.

Labour councils often engage directly with the community by organizing rallies, marches, showing their support for workers if there is a strike or maybe volunteering to throw a Christmas party for children in the area. They also work on recruiting union activists to volunteer during election campaigns, with the goal of ensuring that elected officials share the values and priorities of workers. They hold monthly meetings, which are open to members of affiliating unions. At these general meetings, those in attendance have the chance to learn about the issues members from other unions are currently facing.

UFCW Local 832 is proud to be affiliated with all of the labour councils in Manitoba. This means that UFCW members can choose to participate in council meetings or even get involved by running for a position on the executive board or by working with one of the council's committees.

Article submitted by:

Basia Sokol, President of the Winnipeg Labour Council

If you want to know about labour councils, or you want to become more involved or even become a delegate of a labour council in your area:

1. Contact your union rep and let them know you are interested in learning more about labour councils and maybe even add your name to the list of UFCW delegates for your local labour council.
2. Ask your rep when and where the labour council meetings are held and attend the next meeting. For example, except for July and August, the Brandon & District Labour Council general meetings are held at 7:00 p.m. on the third Wednesday of the month.
3. When at the labour council general meeting, sign in with the statistician and sit back to enjoy or join in the discussions. If you are interested in getting involved with one of your labour council committees or projects, this is a good opportunity to find out how.

There is never a shortage of opportunities to get involved!

UFCW Local 832 is associated with labour councils in Winnipeg, Brandon, Thompson, Dauphin, The Pas, Selkirk, Southeast, and Flin Flon.

BE "SCENTSITIVE" TO YOUR CO-WORKERS

There is scent-free policies in most workplaces.

Strong fragrances, such as cologne and perfume, are known to trigger different health effects among different people.

Please be courteous to others. If you don't follow your workplace policy you could be reprimanded.

Contact your union rep if you have any questions!



HONESTY IS ALWAYS THE BEST POLICY



Garry Bergeron
Legal Counsel



Debra Malmquist
Legal Counsel



Recently, there have been a number of inquiries about employers' rights to deduct monies owing due to payroll errors from employees' wages. The general rule is that employers can only make deductions from employees' wages when the deduction is required by law (ex: statutory deductions), when employees agree to a deduction to pay for something that is a direct benefit to them, or to compensate an employer for cash advances or payroll errors. So to put it simply, an employer is entitled to deduct monies owing due to payroll errors. However, there are limits on the amount that can be deducted off of each paycheck.

Usually, if there has been a cash advance or payroll error that has resulted in an overpayment, the employer and the employee affected will meet to come up with a repayment plan that is agreeable to both sides. Employers cannot deduct interest, service charges or any other fees associated with the cash advance or payroll error.

If an agreement on repayment cannot be reached *The Employment Standards Code of Manitoba* states

that the amount deducted on each paycheck is limited by *The Garnishment Act*. *The Garnishment Act* states that up to 30 per cent of wages can be deducted, as long as the employee is left with \$250 per month (or in the case of an employee with one or more dependents \$350 per month). These deductions are permitted to continue until the overpayment or advance is repaid.

Both the employer and its employees have a responsibility to check for payroll errors. Corrections need to be made within a reasonable time after the error has been discovered. Failing to deal with the error within a reasonable amount of time may result in the monies not having to be repaid and/or a new wage being created.

When meeting with an employer to discuss a repayment plan, remember to advise them of any hardships, so that an acceptable repayment plan can be devised. If you have any questions or concerns about payroll deductions involving a cash advance or payroll error that resulted in an overpayment, contact your union representative.

UNION ELECTIONS THIS YEAR

Union elections for Local 832 for the positions of president, secretary-treasurer, recorder and 17 vice-presidents will be held this year. Members who want to run for any one of the positions must follow the nomination process.

UFCW Local 832 Executive Board Nominations

To be eligible to run for office, you must:

1. Be a member in good standing for at least one year immediately preceding the month in which the nominations are held (continuous active membership since June 2016) or be an active member of the Local or International Union for at least two years preceding the month in which the nominations are held (continuous active membership since June 2015);
2. Have maintained active membership;
3. Be present at the nomination meeting or have indicated, in writing, your willingness to stand if nominated.

All terms of office are four-year terms effective January 1, 2018 to December 31, 2021.

President and Secretary-Treasurer

Pursuant to the bylaws of Local 832, nomination of a member for either president or secretary-treasurer will be by petition bearing the signatures of 348 active members of UFCW Local 832.

Petitions for president and/or secretary-treasurer nominations are available by contacting the election chairperson, Sonia Taylor, at 204-786-5055 or toll-free at 1-888-832-9832. Sonia will make them available for pick up at the Winnipeg and Brandon union offices. Completed petitions for the nominations of president and/or secretary-treasurer will be accepted at the Local's head office in Winnipeg at 1412 Portage Avenue between 8:30 a.m. and 4:30 p.m. from Monday, July 3, until Tuesday, July 11.

An original signature is required. Petitions must be filed either by mail or in person. You CANNOT file your petitions by fax, e-mail, or other forms of electronic transmission.

Each petition shall clearly indicate the name of the member who is being nominated and the specific office for which he or she is being nominated. This must be

done at the top of each page of the petition. Any petition may nominate one of the following:

- president,
- secretary-treasurer, or
- both president and secretary-treasurer.

Each petition submitted shall also contain the following for each member signing the petition: their signature, printed name, telephone number and name of their employer and work location.

Recorder and 17 Vice-Presidents

Nominations for recorder and the 17 vice-presidents will take place throughout Manitoba during the month of July. The locations and times of the nomination meetings are listed on page 11.

For the purpose of these elections only, the vice-president positions are numbered 1 to 17. As well, the designation of the sector and/or areas is a recommendation only and is intended to ensure that the Local's executive board represents the diverse nature of the membership. Members are free to run for any of the positions but can only be nominated for one position.

The recommended sectors and/or areas are:

Recorder

Vice-President (17 positions)

1. Bottling/Warehouse
2. Diversity
3. Westman Red Meat
4. Winnipeg Retail
5. Westman Red Meat
6. Rural North
7. Winnipeg Retail
8. Health Care/Non-Profit Organizations
9. Winnipeg Retail
10. Winnipeg Retail
11. Young Workers
12. Winnipeg Industrial
13. Rural Industrial
14. Winnipeg Red Meat
15. Poultry
16. St. Boniface Hospital Support
17. St. Boniface Hospital Support

NOMINATION MEETINGS

CITY/TOWN	DATE	TIME	LOCATION/ADDRESS
Winnipeg	Wednesday, July 12	10 a.m. and 7 p.m.	Training Centre - 880 Portage Avenue
Carberry	Wednesday, July 12	6:45 p.m. and 8:15 p.m.	Carberry Legion - 25 Main Street
Leaf Rapids	Wednesday, July 12	Noon	Council Chamber - Town Centre
Pine Falls	Wednesday, July 12	4:30 p.m.	Papertown Motor Inn - Highway 304 at 11
Fisher Branch	Wednesday, July 12	6:15 p.m.	Fisher Branch Community Centre - Tache Street
Lynn Lake	Wednesday, July 12	6:30 p.m.	The Bronx - 638 Gordon Avenue
Steinbach	Thursday, July 13	9 a.m., 1 p.m. and 7 p.m.	Mennonite Heritage Village - 231 PTH 12 N
Portage la Prairie	Thursday, July 13	Noon and 5 p.m.	Super 8 - Highway 1-A W (2668 Saskatchewan Ave W)
Whitemouth	Thursday, July 13	3 p.m. and 5 p.m.	Whitemouth Rec Centre - Lot 1 1st Street
Russell	Thursday, July 13	4:45 p.m. and 7:15 p.m.	Russell Inn - Highway 16 at 23
Gillam	Friday, July 14	6:30 p.m.	Gillam Legion - 143 Railway Avenue W
Winkler	Sunday, July 16	2 p.m.	Days Inn - Highway 14
Carman	Sunday, July 16	4:30 p.m.	Carman Legion - 28 1st Street NW
Selkirk	Sunday, July 16	7 p.m.	Smitty's Restaurant - 168 Main Street
Thompson	Sunday, July 16	7 p.m.	Thompson Legion - 101 Elizabeth Drive
Thompson	Monday, July 17	9:30 a.m.	Thompson Legion - 101 Elizabeth Drive
Melita	Monday, July 17	10 a.m. and 7 p.m.	Legion Memorial Hall - 79 Main Street
Flin Flon	Monday, July 17	8:15 p.m.	Victoria Inn - 160 Highway 10A N
Brandon	Tuesday, July 18	11 a.m. and 7 p.m.	Training Centre - 530 Richmond Avenue E
The Pas	Tuesday, July 18	6:30 p.m.	Andersen Inn - 1717 Gordon Avenue
The Pas	Wednesday, July 19	9:30 a.m.	Andersen Inn - 1717 Gordon Avenue
Neepawa	Wednesday, July 19	1:30 p.m. and 6 p.m.	Old Co-op Building - 342 Mountain (west entrance, 2nd floor)
Gimli	Wednesday, July 19	2 p.m. and 7 p.m.	Lakeview Conference Centre - 10 Centre Street
Swan River	Wednesday, July 19	6:30 p.m.	Super 8 - 115 Kelsey Trail
Swan River	Thursday, July 20	9:30 a.m.	Super 8 - 115 Kelsey Trail
Virден	Thursday, July 20	10:30 a.m., 4:15 p.m. and 6:15 p.m.	Virден Legion - 540 8th Avenue S
St. Malo	Thursday, July 20	2:30 p.m. and 4 p.m.	Epic/Smile de St. Malo - 112 St. Malo Street
Dauphin	Thursday, July 20	6:30 p.m.	Canway Inn - 1601 Main Street S
Dauphin	Friday, July 21	9:30 a.m.	Canway Inn - 1601 Main Street S
Stonewall	Friday, July 21	Noon and 5 p.m.	Chicken Chef - 314 Main Street

KEEP US INFORMED, SO WE CAN KEEP YOU INFORMED



Martin Trudel
Negotiations

In this day and age, the importance of proper communication has never been so important given the variety of methods accessible to all of us.

This is especially true during the negotiation of your union contract. In order for us to properly involve you and keep you informed in the bargaining of YOUR collective agreement, we need to be able to reach you in as many ways as possible. That is why it is so important that you keep the union informed of your current mailing address, e-mail address and telephone number. If a change occurs, call us so we can update your records accordingly and make sure that you receive the information that is meant for you to receive.

This is in line with our UFCW national initiative to promote membership engagement and make being involved in your negotiations process as convenient as possible for you. This is why we have improved our ways by adding more meetings for you to come give us your input. Meetings at the beginning of the process, so you can give us your proposals and, of course, meetings at the end of the process when it is time to vote on a tentative deal. We are also doing phone and e-mail blast reminders for those meetings on top of the regular mail outs to make sure those extremely important meetings are not forgotten about.

The bottom line is, if we can't reach you then we can't involve you and if we can't involve you then we have less support during negotiations. Strength has always been in numbers regardless of the decade we are in and this current one is no different. It is only communication methods that have evolved. So to keep up with these changes and remain strong, please make your union a priority when it is time to notify people that you have a new mailing address, e-mail address or telephone number.



POSTING: TRAINING AND WEBCAMPUS ADVOCATE



Erin Selby
Education & Training

UFCW Canada and Local 832 are working together on an exciting project aimed at engaging members interested in advancing training and education. We are looking for a volunteer (Local 832 member) who believes that learning is central to a successful career and life. This project will run from July to December 2017 and then be evaluated for effectiveness.

In this volunteer position the right candidate will:

- Network with co-workers, encouraging their awareness of educational opportunities (i.e. webCampus)
- Provide UFCW Canada feedback on new and existing webCampus courses within a flexible 1 hour/week commitment
- Be invited to attend to a follow-up day for this project sometime in late November or early December 2017 (wages reimbursed)
- Have an interest in building your resume with more roles and responsibilities

The worker who will be a good fit for this position should have the following qualities:

- Is comfortable on the Internet and social media
- Demonstrates learning is part of their life (formal and informal learning all count)
- Enjoys connecting with others and encouraging educational goals
- Being a webCampus participant is a definite asset, yet not immediately necessary

If you are interested in taking on this new adventure, e-mail Erin Selby, Training Centre director, (erin.selby@ufcwtraining.mb.ca) a two-paragraph description of yourself and why you believe you would be a good fit for this volunteer position. *Note: interviews (phone, online or live) may only be conducted with those eligible for this project.*



Get Your Grade 12 — We Believe in You!

You can **get your Grade 12 diploma, for free**, through UFCW Local 832 in Winnipeg and Brandon. Our members can earn high school credits in a flexible, supportive environment. Whether you need many courses or just to upgrade a few, our Training Centres can help you earn credits from Grades 10 – 12. We provide a flexible work environment to suit your schedule and understand that as an adult learner you've got a lot of family responsibilities as well. Also, don't worry if you have been out of school for a long time. We provide tutoring! Your union wants you to succeed and we are committed to helping you reach your goals!

For more information about our high school program, contact our adult education director Ans Norman at 204-775-8329 or toll-free at 1-877-775-8329. Classes in Winnipeg and Brandon start September 2017.

THE STRIKE THAT DEFINED LOCAL 832



Scott Price
 UFCW Local 832
 Oral History Project



Thirty years ago, the sunbaked parking lots of Super Valu and Econo-Mart (now Superstore and Extra Foods) stores across Manitoba became the frontlines in a 12-week battle that had a huge impact on UFCW Local 832's history—the Westfair strike of 1987. While wages and working conditions were important issues, the strike quickly became about whether UFCW Local 832 would even be representing Superstore employees in Manitoba.

UFCW Local 832 had been representing workers at Westfair stores (the parent company of Superstore) for some time, but the introduction of Superstores in the early '80s changed several important factors. Superstores were run in a very different way compared to grocery stores like Safeway. The Superstore business model was closer to that of Wal-Mart in terms of having grocery along with other retail items in one large store, and the workforce was made up of mostly part-time employees with few or no benefits. A major issue during the strike was around what Superstore called "departmental assistants," which was essentially a way of having a

two-tier wage system. Two-tier is a payroll system in which one group of workers receives lower wages and/or employee benefits than another.

During the strike several mass picket lines formed around some Superstores. Clashes between picketers, police, shoppers and Superstore staff were common. Support from other unions and labour bodies like the Manitoba Federation of Labour and the Winnipeg Labour Council was crucial to the success of the mass picket lines. The mass picket at the Kenaston and Grant Superstore was one of the largest during the strike with hundreds of people showing.

Ultimately Westfair did not succeed in breaking UFCW Local 832. Much of this was due to the support and solidarity that workers showed for one another and that the wider labour movement showed for UFCW Local 832. Historical events like these demonstrate the importance of the slogan popularized by early 20th century labour leader Big Bill Haywood: "An injury to one is an injury to all."

The Retirees' Club

The Bus is Ready to Roll

The bus is ready to roll for our September 11 – 13 casino trip! Don't miss out—call to put your name on the cancellation list. There are **two pick-up locations**:

Safeway at McPhillips and Jefferson: The bus will arrive at 8:15 a.m. and depart at 8:30 a.m. Parking is available on the North side of the parking lot near the Thunderbird Restaurant.

Safeway at 2155 Pembina Highway: The bus will arrive at 9:15 a.m. and depart at 9:30 a.m. Parking is available on the north side of the lot by the back lane away from the store.



Good luck to all and if you need any more information call Joan at 204-422-6670 or Lila at 204-837-3554 or Armand at 204-832-1211. **Remember your passport!**

Spring Luncheon Well Attended

The UFCW Local 832 Retirees' spring luncheon held on May 16 was again a huge success. It's nice to see so many members taking advantage of these luncheons as a venture out to come enjoy a great meal and visit with friends.

Guest speaker Erwin Wiebe, from Sobey's pharmacy, gave a very interesting and informational presentation involving the operations of a pharmacy. Afterwards, the crowd participated in a question and answer session.

Congratulations to the door prize and cash draw winners: Art Zaluski, Nina Park, Lori King, Jeannine Franchuk, Bodo Stein, Elizabeth Stornell, Bob Whittle, Ann Forcier, Emile Guiboche, Carol Davis, Antonio D'Geronimo, Astrid Zimmer, Shirley Milner, Margaret Hlady, Liz Pelletier, Bruce Kinneer, Michael Zettervall, Eva Joss, Jeannine McElhoes and Chuck Rolland.

The Fall Luncheon is scheduled for October 17, so mark this date on your calendar.

RECIPE OF THE MONTH

Tex Mex Strata

- 4 cups coarsely crushed nacho tortilla chips
- 2 cups shredded Monterey Jack cheese
- 1 small onion (finely chopped)
- 1 tbsp butter
- 6 eggs
- 2 1/2 cups milk
- 1 can green chilies, do not drain
- 3 tbsp ketchup
- 1/4 tsp hot pepper sauce

Arrange tortilla chips in a 13 x 9 greased baking dish and sprinkle with cheese. Put aside. In a skillet sauté onion in butter until tender. In bowl whisk eggs and milk, then add onions, chilies, ketchup and hot pepper sauce. Pour over the chips and cheese. Cover and refrigerate overnight. Remove from refrigerator 30 minutes before baking. Bake uncovered at 350F for 40-45 mins (until knife inserted in center comes out clean). Let stand 5 mins. before serving. Serves 6.

NOTES & NODS

Birthday Greetings

- Peter Kyrlyuk, 93
- Rodger Morier, 90
- Denis Allard, 87
- Elizabeth Stornel, 83
- Dolphus Nobiss, 82
- Gerry Otto, 82
- Phyllis Zaluski, 75
- Sylvia Hawryshko, 70

Happy 50th Wedding Anniversary
Arthur and Phyllis Zaluski, June 17, 1967



Discounted insurance for UFCW Local 832 members on:

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www.kirkupagencies.ca
1-855-UR-UNION

With three locations to serve you!

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